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Tempo Magazine, Spring 2004

Office of Student Life

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TEMPO

CCU's Student Magazine/Spring 2004

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Dear Reader,

Question: What's oval-shaped and bronze, with a square hole in its center?

(Hint: It's Japanese and was first minted in 1835.)

Answer: Tempo

Surprised? It's true. According to the Oxford English Dictionary, tempo is a bronze coin of Japan, first issued in the nineteenth century, with a unique, "square hole" right in the middle of it—and it's worth two cents.

Here's another question for you: What's in a name?

(Un)fortunately, there is no perfect answer for this one, but just in case you were wondering, there was a reason for the founding editors to decide on *Tempo* as the name of the university's student features magazine. No, none of the founders were Japanese, and it's likely none of them were coin collectors. Actually, there are some other interesting definitions that provide insight into why the editors decided on the name. For instance:

tempo, Oxford English Dictionary entry:

1. *a. Mus.* Relative speed or rate of movement; pace; time; *spec.* the proper or characteristic speed and rhythm of a dance or other tune.
- b. transf. and fig.* The rate of motion or activity (*of* someone or something).

While the staff doesn't spend (all of) our time dancing, we do try to keep up with the rhythm of Coastal Carolina University, which includes bringing you articles that cover a wide variety of topics. In this issue, the topics range from drag queens to faculty profiles, and everything in between. And of course, we've found a way to slip in our "two cents" every now and again.

We would not have been able to manage the "rate of motion" of students at CCU without help from our copy editors, Ashley and Krystin, and our advertising manager, Janet, who have all exceeded the expectations of their positions. Thanks also to the assistant editor, Mike, and the art director, Thomas, for your dedication and perseverance.

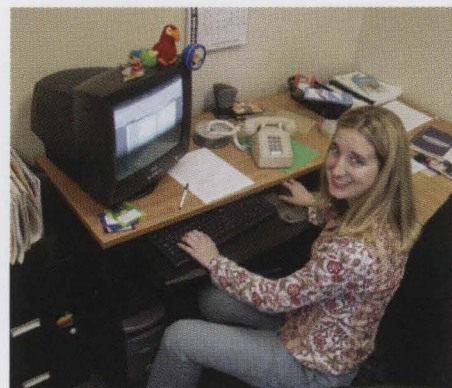
I hope that you enjoy reading this issue as much as we have enjoyed producing it!

p.s. For the real story behind how *Tempo* got its name, turn to page 18.

Sincerely,

Lindsey Barnhill

Lindsey Barnhill



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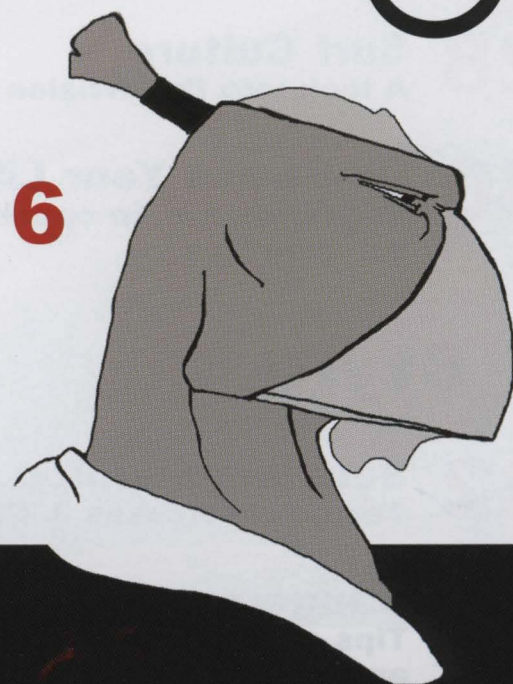
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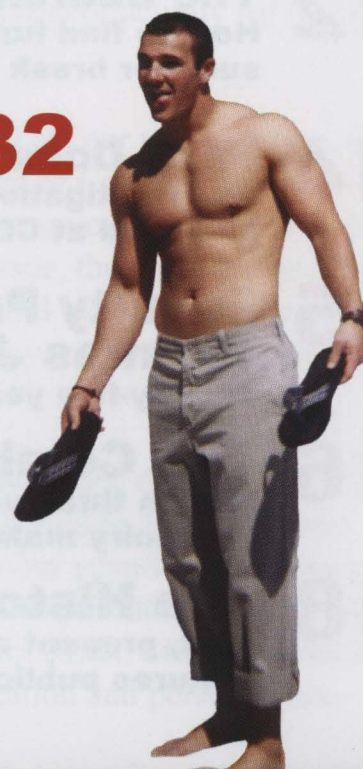
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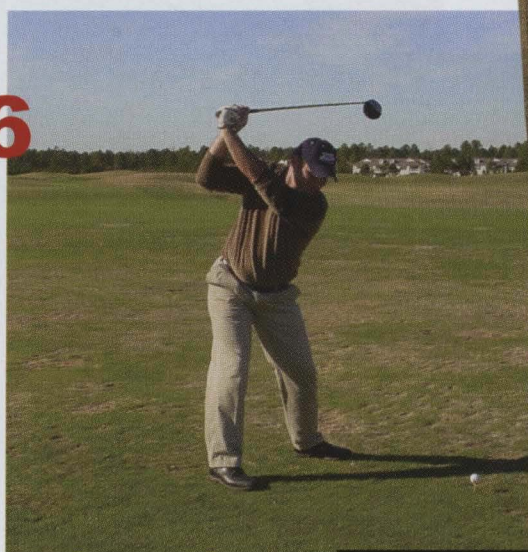


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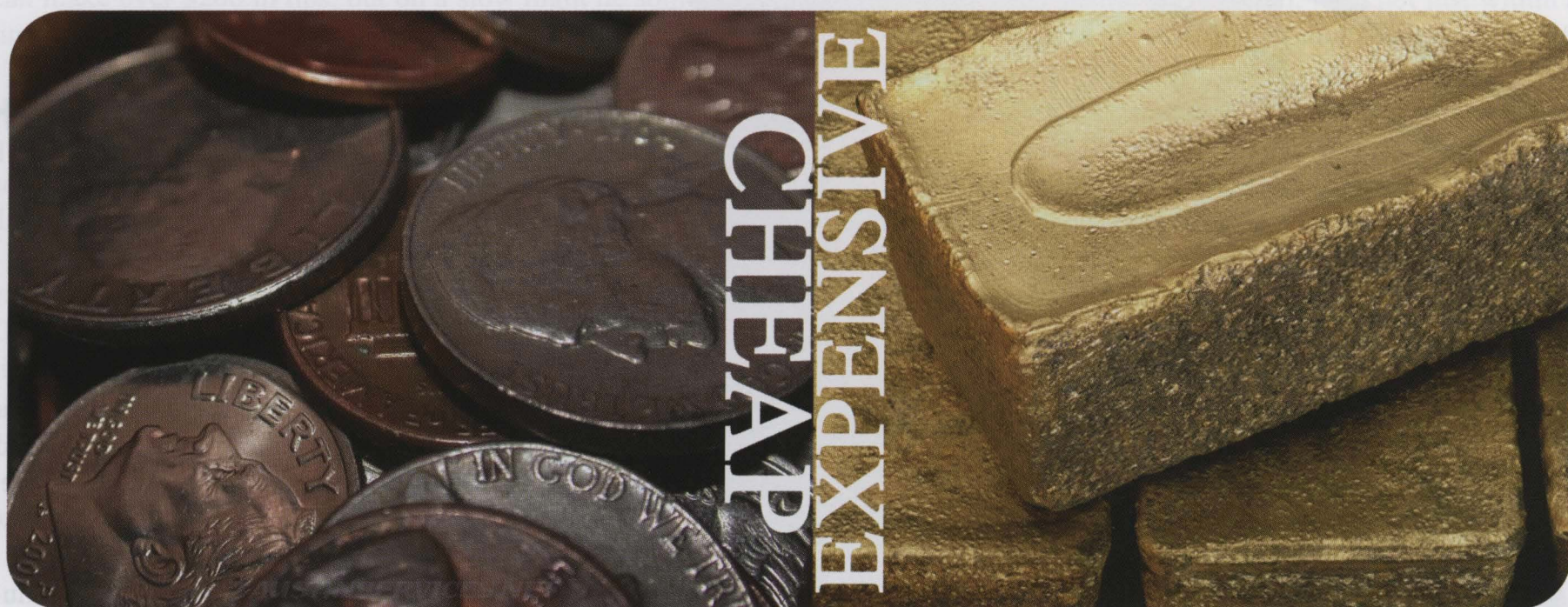
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Dating Options

For those who have and those who have no idea
-Meredith Fant

many people have the misconception that if something doesn't cost a pretty penny, then it can't be valuable. On the other hand, is the saying, "money can't buy you love" really true? When it comes to dating in college, a few factors must first be considered. Let's take a common night on the town for two Cupid-struck individuals, for example. The traditional date usually consists of dinner and a movie. Dinner, as we all know, opens the door to get to know your evening companion better, while the movie serves as a great conversation-builder after the credits have rolled. There are many options for making the most of your evening, but suppose you have two routes to choose from tonight. Option one, which we are referring to as "financially-friendly," entails creative use of the resources you already have, while option two, the "expensive, but extravagant" date, includes a romantic (but pricey) gourmet meal at a reputable restaurant. To show that each route is equally worthwhile, we've done the legwork for you and highlighted the pros of each scenario, so that you can decide for yourself.



you could start off your evening by choosing option one, the financially friendly choice. You pack a home-cooked meal, a blanket, a laptop and your favorite DVD. Then, you pick up your date, head to the beach to dine under the stars and watch a great flick (for which you do not have to buy tickets). This date provides optimal cuddle time, since there are few distractions. In addition, the beach setting creates the perfect environment for intimate conversation.

Since you chose to pack your own dinner, your date is going to be super impressed that you know how to cook (even if you had to get one of your friends to help). To make the date even more special, add your personal signature to the meal by doing something simple, like hand-writing a menu or picking up inexpensive wildflowers on your way out of the grocery store.

If this is the option you choose, the only out of pocket expenses are the cost of groceries (which will probably not exceed \$30) and the cost of your time to cook the meal. Remember, the beach provides a romantic setting, and the view of the night sky is free of charge.

now, on to option two: the expensive, but extravagant date. You could start by going to The Melting Pot in Myrtle Beach, where you will spend between \$27 and \$38 per person for delicious, four course meals. If the two of you decide to purchase a bottle of wine to go with your meal, it could cost \$16 to \$395 per bottle.

Once you've had your fill of this unique dining experience, which has taken about an hour, you've had plenty of time to get to know your date better. In addition, the cozy atmosphere fosters a personal connection that will likely last throughout the remainder of the evening.

Next, you find yourselves off to Broadway at the Beach, to watch the newest release on the big screen. At Carmike Cinemas, tickets are \$7.50 each, and two medium sodas with one large popcorn (to share, of course) costs \$10.

As you're watching the movie, holding hands—or maybe even trying the traditional arm around the shoulder—you realize this person is really something. Although you've just spent anywhere from \$95 to \$496 on them, it's definitely worth it, since your companion will always remember this date as one of the most romantic evenings of his or her life!

When given these two options, more students chose the cheaper date over the expensive one. For those of us trying to get by on a tight budget, it's nice to know there are options for planning an exciting evening!

Student Survey Says:

Financially Friendly	59%
Expensive, But Extravagant	41%



Alternative entertainment for Coastal students in Myrtle Beach

-Meredith Fant

-Photos: Paul Robinson

On the weekends, she has shoulder-length black hair with red highlights, long black lashes, ruby red glossy lips, French manicured nails and legs that go on for days. During the week, he wears black dress slacks, button-down shirts and goes by the name Brad. However, he's rarely called that by the gay club community in Myrtle Beach because he's better known as Gina K., the performer.

When Brad puts on his makeup and a dress, he is getting into character and transforming into a local celebrity drag queen who provides entertainment in gay clubs along the East Coast. His performances bring in crowds consisting of both gay and straight fans. Brad is a famous woman illusionist by night and an office manager by day.

There are currently two locations where "local girls" (as they're called) can be found. One is Liquid Pearl, the newest gay club in Myrtle Beach, and the other is Time Out, a veteran club for the gay community. During the week, most of the gay community is at one of these two clubs, eager to tip and cheer on their favorite girl as she dances, sings and even mimics famous artist on stage while decked out in makeup, a dress and platform shoes. For some of these "girls," drag is a way of life. For others, like Brad, drag is just a chance to escape from his life as a man and be someone else for a few hours.

Brad is not, and by no means wants to be, a girl. When he is performing, he sees him-

self as an illusion of a girl and never more than that. He is a graduate of Bluefield College in Virginia, where he majored in communications and business administration, and he is currently an office manager for a medical doctor.

Brad was a theater major in his early college years, and he feels that drag is the same as performing in theater. "It is just another form of who I am, an extension of my personality," says Brad. He feels that drag is an escape from the normal nine to five office week, since it serves as an outlet for him to be a totally different person and "go crazy."

To travel and perform three numbers, Brad is paid no less than \$175. For local shows, he is paid anywhere

friendly community. "I have a lot of respect for the girls that perform," says Chris. "I know that a lot of time and hard work go into their performances."

However, Gina K. is not only known to Coastal's gay students, but she is popular among our straight community as well. Sophomore Kristen Taylor, a member of the straight community at Coastal, is another spectator. "I started going to shows because my friend is gay and he took me with him, but now I go because the shows are very interesting to see," says Kristen. "Men performing as women, and being able to pull it off very well, is impressive."

Brad describes the benefits of being Gina K. as that

"It is just another form of who I am, an extension of my personality."

from \$75-\$100 per show, not including the tips he makes while performing. On a good night with a large crowd, he can make over \$200 in tips, but on a slow night he sometimes earns \$50 or even less.

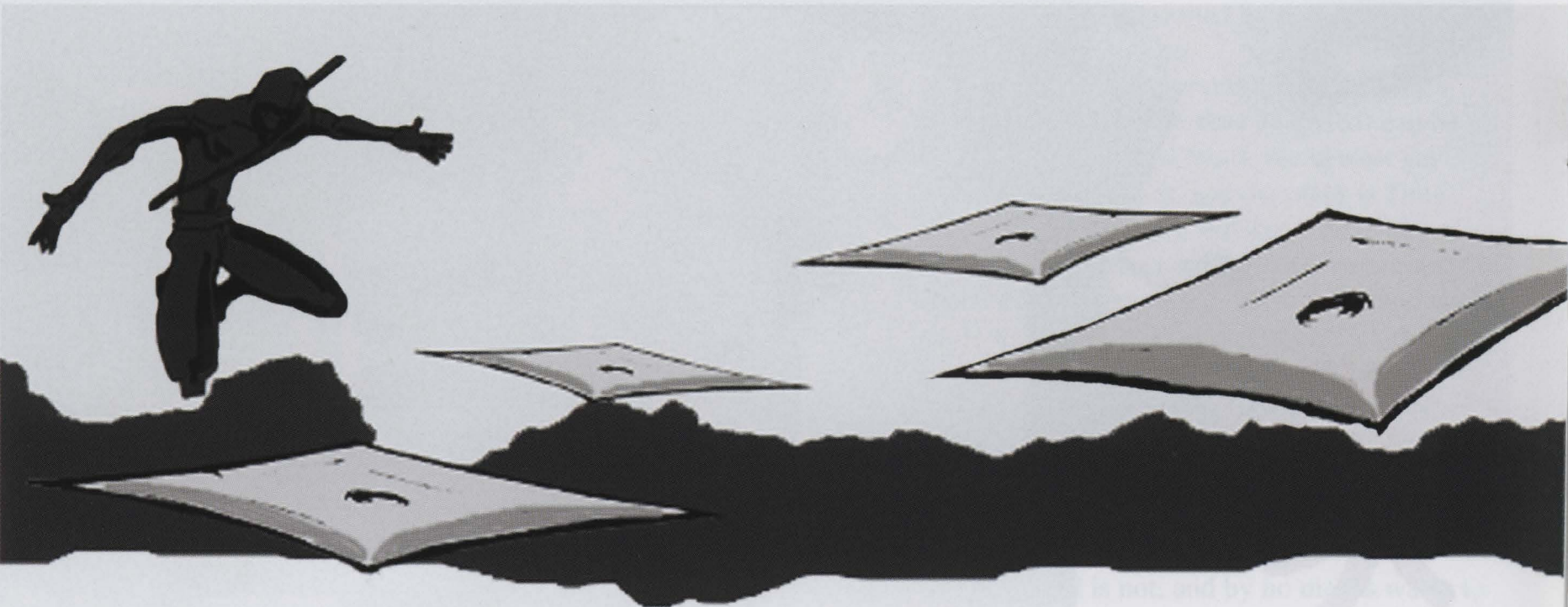
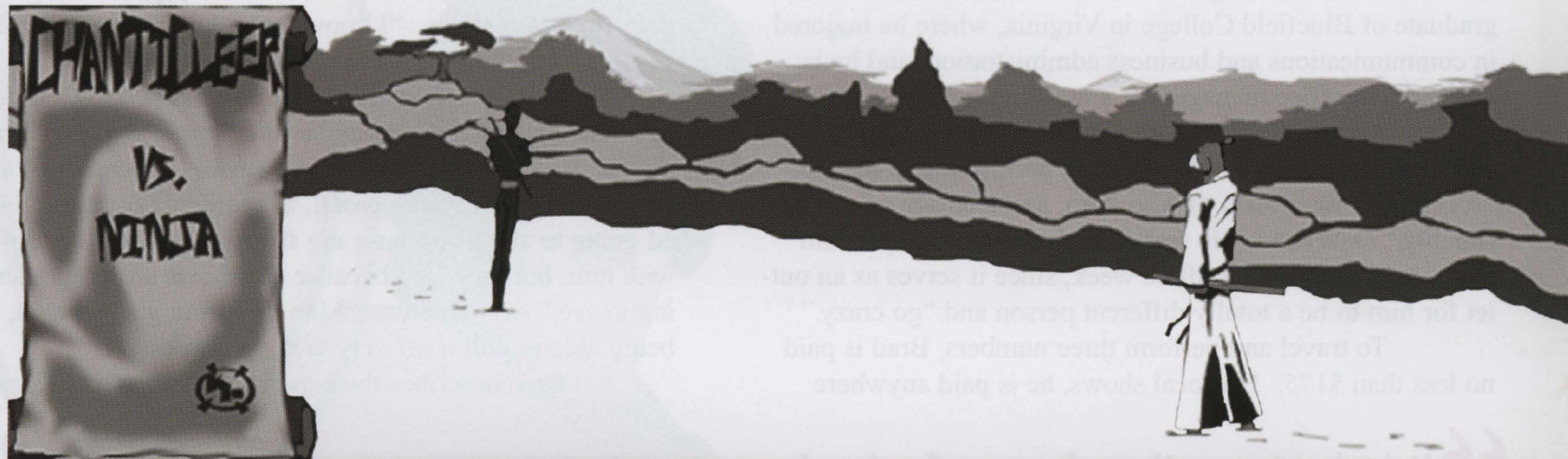
Many of you probably didn't know there were drag shows in Myrtle Beach, but it does have a following with quite a few CCU students. Chris Horton, a sophomore, is an active member of the gay community and frequently attends drag shows held at both Time Out and Liquid Pearl.

"I go to drag shows because of their entertainment value, and I'm friends with several of the performers," says Chris. He enjoys the shows because they provide a diversion from the "norm" and he feels comfortable in the gay-

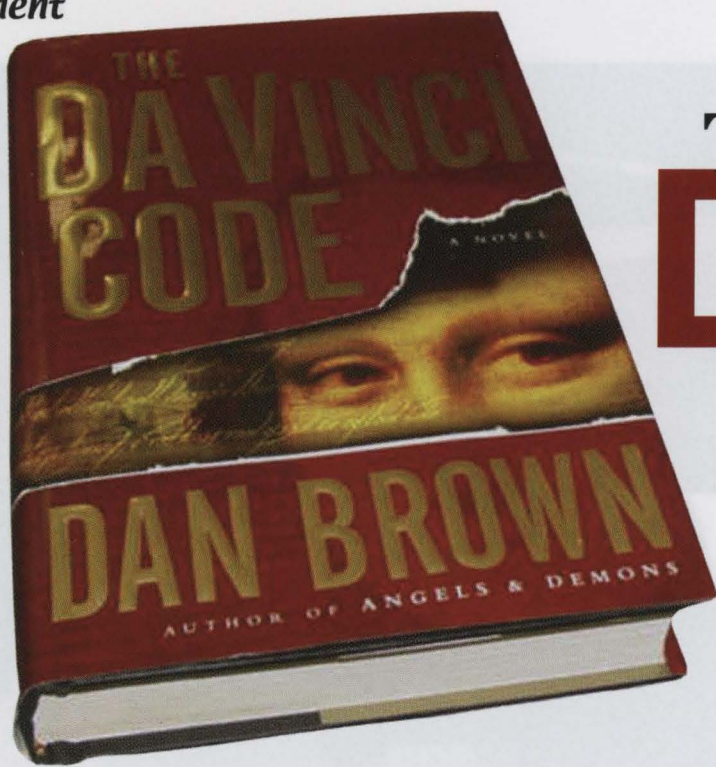
of a Hollywood star. "It's just like being a celebrity. You get to travel, [the] recognition, the money, but most of all you obtain V.I.P. status," says Brand, "and not just within the gay community, but the straight community as well. I think drag intrigues straight people."

There is a great variety of nightlife and entertainment here at the beach, and evidently, there are sorts to suit all kinds. Drag shows ultimately work as bonds to unite alternative lifestyles, by making it possible to simply enjoy some goodhearted entertainment, even in such areas as Coastal's campus and the greater Myrtle Beach community.









The Da Vinci Code

Book review

-Krystin Mementowski

“The Bible did not arrive by fax from heaven. The Bible is a product of man, my dear. Not of God... Man created it as a historical record of tumultuous times, and it has evolved through countless translations, additions, and revisions.”

This is a statement made in *The Da Vinci Code*, the best-selling novel by Dan Brown, which has been ruffling many collective feathers since its release in 2003.

The story centers around Robert Langdon, a Harvard symbologist, who is called to the Louvre to help decipher the bewildering message left behind by a curator who was murdered inside the museum. Langdon quickly realizes that this message is actually a riddle leading to a trail of clues hidden inside the works of Leonardo Da Vinci.

French cryptologist, Sophie Neveu, joins Langdon,

conclusions that each of us draws, the debate can only help to strengthen our understanding of our own faith,” says Brown, in an interview on his Web site, www.danbrown.com.

Since its release, *The Da Vinci Code* has sold over 5.5 million copies and been on the *New York Times* best-seller list for over 47 weeks. In January, Brown accomplished the feat of having no less than five novels, including *Angels and Demons* and *Deception Point*, on this list during the same week. *The Da Vinci Code* is currently being adapted for film by Columbia Pictures, to be directed by Ron Howard.

While *The Da Vinci Code* does mix fact with fiction, it is important to remember just this while reading; it is a *fictional story*, not a historical text. And while Brown has done research on these subjects, he is by no means a leading Biblical authority.

“The Bible did not arrive by fax from heaven.”

and the two discover that the curator has died in order to protect the location of a relic that has been entrusted to the Priory of Sion, a secret society whose members have included Sir Isaac Newton, Botticelli, Victor Hugo and Da Vinci. The race is on, as Langdon and Neveu struggle to break the code while they are hunted by members of Opus Dei, a covert, Vatican-sanctioned Catholic sect that wishes to steal the Priory's secret.

Delving into weighty issues, such as Jesus's possible marriage and bloodline, the Holy Grail, the role of Mary Magdalene and the history of the Bible, *The Da Vinci Code* has inevitably become a target of vehement opposition that contends the novel is merely full of historical errors and half truths.

One fact about the novel, however, remains glaringly apparent: people are reading it. A *lot* of people. “Suddenly, enormous numbers of people are passionately debating important philosophical topics, and regardless of the personal

A word of advice while reading: don't over analyze. Instead, just sit back and enjoy the ride. With action-packed chases (accompanied by many predictable escapes), well-developed characters and a plot interwoven with twists and turns that unravels further with each page, *The Da Vinci Code* leaves the reader anxious to uncover the mystery.

“My sincere hope is that *The Da Vinci Code*, in addition to entertaining people, will serve as an open door for readers to begin their own explorations,” says Brown. “For me, the spiritual quest will be a life-long work in progress. Deciding to write about this topic was simply part of my own personal quest for understanding.”

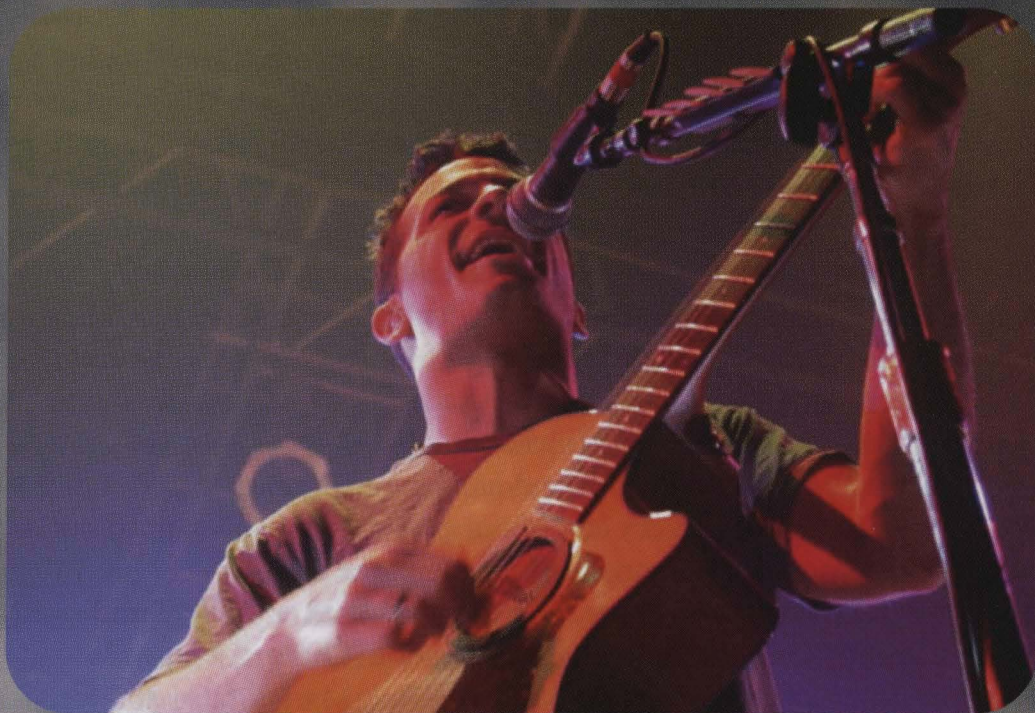
Exclusive Interview



-John Harniman -Photos: Mike Jaruszewicz

Every student who has passed through the gates of this fine academic establishment has brought a personal soundtrack of music nostalgia. For many, the Rockville, M.D.-based grassroots band, Of A Revolution (O.A.R.) has been included in the long list of musical happiness. When the band played at the House of Blues in Myrtle Beach for the third time (and sold out for the second time), Mike Jaruszewicz and I were lucky enough to score an interview with O.A.R.

On the day of the show, after various preparation activities, we met up with assistant promotions and marketing head (and CCU Alumnus), Brian Lowe, who then sent us backstage to meet the band's assistant. As Mike and I ascended the stairs to the green room, we realized we were in the middle of all of the chaos that is present just before a sold out performance. Electric guitarist and background vocalist, Richard On, was sitting casually on one of the giant couches, out of the way from the hustle and bustle of the stage crew, techs and security, to give us some insight into the world of O.A.R.



JH: Welcome back to Myrtle Beach! How has the tour gone so far?

RO: The tour is going well. This is winter tour 2004. We've been on the road for about a month now. We did a bunch of shows with Robert Randolph and the Family Band. We're taking a break right now, and we meet up with them in about a week out in the Midwest.

JH: You guys recently signed to a major record label. How was the transition?

RO: As far as our opportunities go, like late night television and the little bit of radio airplay we get, nothing has really changed at all. When we moved to Lava, we brought our indie label, Everfine, with us. This is more of a joint venture between Everfine and Lava records.

JH: What made you choose Lava Records?

RO: We tried to avoid going to a major label for as long as we could. We felt that we still had a lot of room to grow as an indie band, so we didn't want to skip any more steps. So we took our time and waited for the right one to come along. Labels had been approaching us for about two years. Our tour and our label are two different things. We cover all of our expenses, so we don't take money from the label for touring.

JH: Do you still have creative control over the sound of your music?

RO: Definitely. We just have the push of a major label, with the feel of an independent.

JH: The band has built an enormous following over the past few years. What's it like to sell out a place in Myrtle Beach, so far away from home, and have the crowd sing the words back at you?

RO: It's crazy. It's something we never would have expected. We've been doing this band thing since high school, and some of us have been friends since middle school. We never once thought all this would happen, back when we used to practice in our drummer's basement.

JH: How do you feel about the whole music-downloading situation?

RO: We're lucky that we tour a lot, and we sell a decent amount of tickets. Record sales hurt due to downloading, and it's wrong, but it's ironic because we credit Napster for the spread of our music in the beginning. We would play cities for the first



time and have the crowd know all of the songs, and we couldn't really figure out why, and we realized it was because of downloading. We do encourage recording our shows and live music trading. We hope that when someone downloads one of our songs on the Internet, it will entice them to buy the CD.

JH: John Alagia, who has worked with other artists such as Dave Matthews, John Mayer and Ben Folds, produced your newest record. Did you ever expect to work with a producer of that caliber?

RO: Not at all. The first time we worked with him was on the *Risen* record. The first two albums we put out, *The Wanderer* and *Souls Aflame*, were not really produced at all. We actually met up with John because of our drummer Chris's father talking to him into doing us a favor because he sold him a lot of equipment. He went out on a limb and worked with a band that no one really knew, as far as the record industry was concerned. It was all by chance and luck. We've built a good relationship with him over the past few years and look forward to the future.

JH: How was your experience this past summer at Bonaroo?

RO: It was amazing. I mean, we'd be sitting backstage, and Phil Lesh would walk by and we'd be saying "oh s**t! It's Phil!" It was a lot of fun. Everyone is just hanging out. None of the other performers were acting like rock stars. It was really laid back. We performed on the last day. It was actually a very emotional show to us because we had just found out that a good friend had passed away that day. I didn't realize how crowded it was until the very end of our performance. I snapped out of it and looked up and just saw an amazing amount of people in the tent. It was crazy.

JH: Last year when you came, you encored with a U2's "Sunday Bloody Sunday" cover. What goes into making up your set list before a show?

RO: We enjoy covering songs. We're big Bob Marley fans, and we also love U2. We used to not even have a set list, and our shows would end up being like three hours long. Now we have lights and a little bit of production, so it needs to be a bit more organized. We try and look at songs we haven't played in a while and try to throw in some rare stuff. Most of the time, the set list doesn't stay the same. I think last night was the first night we've kept to the set list on this tour.

JH: Do you miss having that whole raw atmosphere and not really having any idea what's going on?

RO: Well, you never know how the crowd is going to be. Sometimes we just have to fit the list to the crowd. We can walk out there with one thing in mind and realize we have to change it around.

JH: What's in the future for you guys? Will you be back in the studio soon?

RO: We actually have another live album coming out this spring, which was recorded at the Hammerstien Ballroom in NYC this past December.

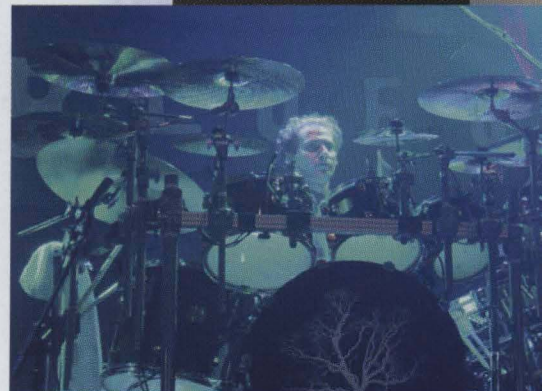
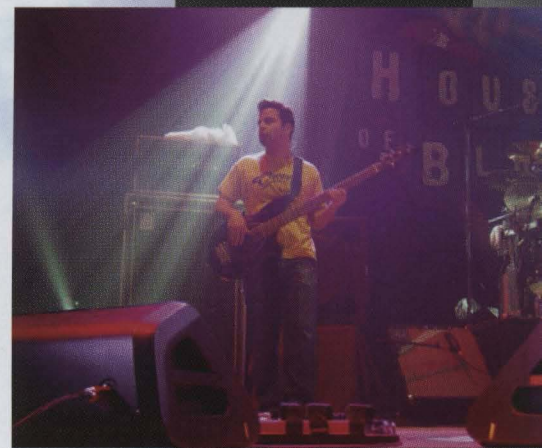
JH: Is there a different vibe when you know you're recording a show for a possible record release?

RO: The pressure is there. I wish they would trick us and just record when we don't know it sometimes. We like to record on a two night show because if we mess up a song we can play it again the next night and hopefully do a better job.

JH: Fantastic. Thanks for hanging out with us today, Rich. Good luck tonight!

RO: No problem, man. Enjoy the show.

O.A.R. played to a sold-out crowd. Rich stole the show on more than one occasion, bursting out solos like it was nobody's business. During the encore, he broke two strings on his guitar. Opener Matt Nathanson joined the band, with the aid of an electric cello, for a group performance of "Sunday Bloody Sunday."



Coastal's Finest

One senior proves it's possible to do it all!

-Mark DeSouza -Photos: Steven Lawrence

It's easy to find someone who is talented in athletics or academics, but have you ever met anyone who's gifted at both? Keith Garramone, a twenty-three year old senior from Nolensville, Tennessee, is one of those rare students who has managed to excel in the fields of academics and athletics.

Keith is currently pursuing his undergraduate degree in finance and international business and carries a 4.0 grade point average. He is also a member of the Wall Fellows program, which prepares exceptional business students for executive careers in top U.S. and international business firms and corporations.

"I have always been interested in math and money. Put the two together, and you get finance," says Keith. "I really began to develop an interest in international business after the Wall Fellows European summer program that I took part in two years ago."

To complement his many achievements, Keith is able to speak Spanish and German. Along with his language capabilities, he is a member of the Beta Gamma Sigma and Beta Alpha Psi academic honor societies. Keith is also a recipient of the Coastal Scholar Award for his superior academic performance and has received the Financial Executive International Academic Award and the National Collegiate Business Award.

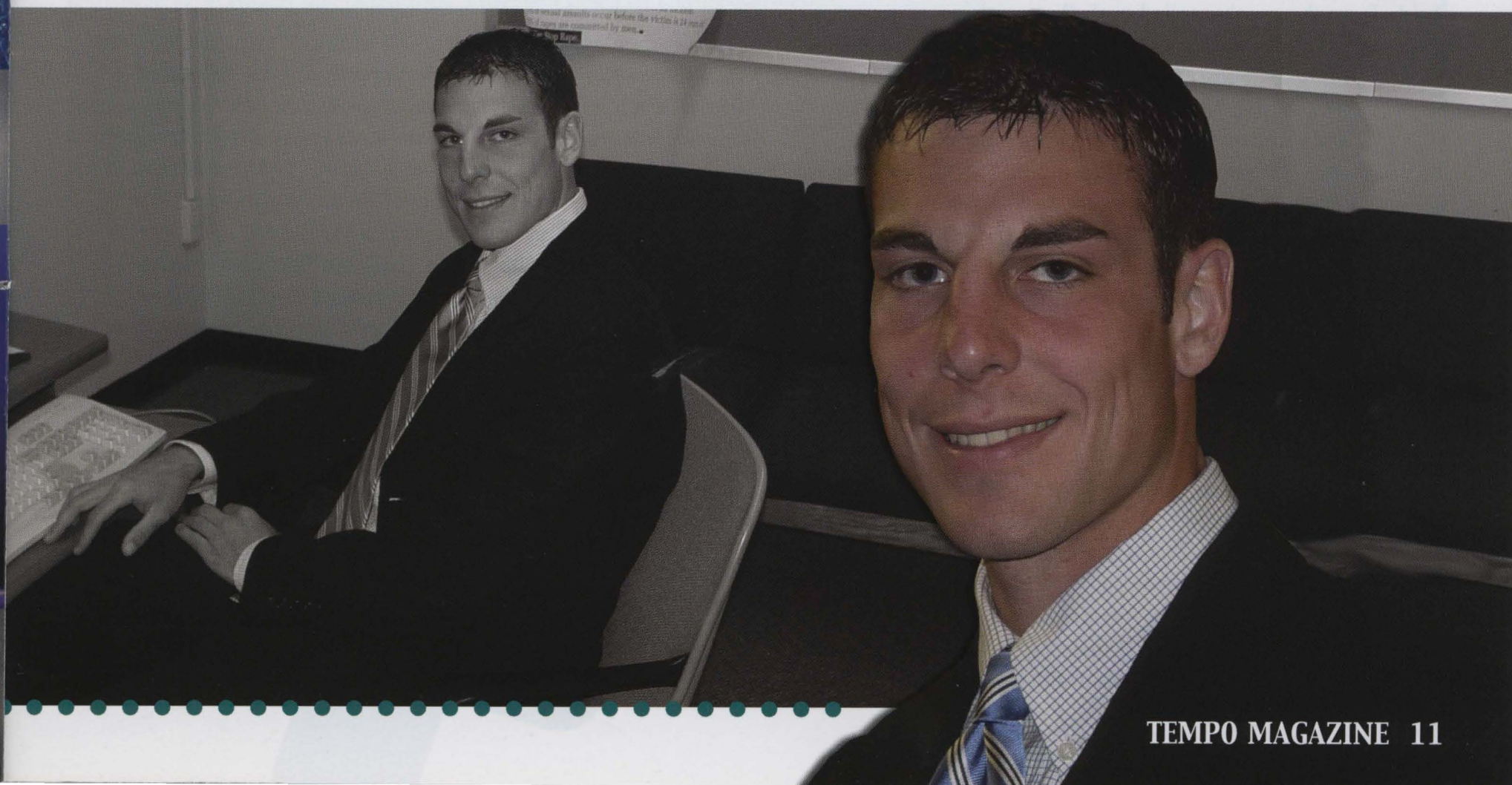
When Keith is not studying, you can bet he is probably at the track. Not only is he ranked third in the decathlon and javelin on CCU's all time list, but he has also earned All-

Academic honors and was named the Big South Outdoor Track Scholar-Athlete of the Year for 2002-2003. He also earned All-Big South honors after finishing second in the decathlon at the BSC Outdoor Track and Field Championships. In addition, Keith earned All-State status after finishing third in the pole vault at the South Carolina State Championships during the 2001-2002 season.

So which talent did Keith discover first, athletics or academics? "I can remember racing kids on the playground at recess and playing football with kids much older, so I think that my first discovery was in the athletic arena," says Keith. Even though he competes at the collegiate level in track, he also enjoys other sports, such as basketball and football.

How does Keith manage to devote time to athletics and still manage to remain on the President's List for seven consecutive semesters? "It just takes dedication. You have to be willing to stay in and study when friends are trying to get you to go out and party," says Keith.

Keith's plan for the future includes pursuing a master's degree, with the intention of receiving a doctorate in finance. His message for success is one that all underclassmen should bear in mind as they continue their various endeavors at CCU. "Nothing is going to come easy. If it does, you are not working to your full potential."



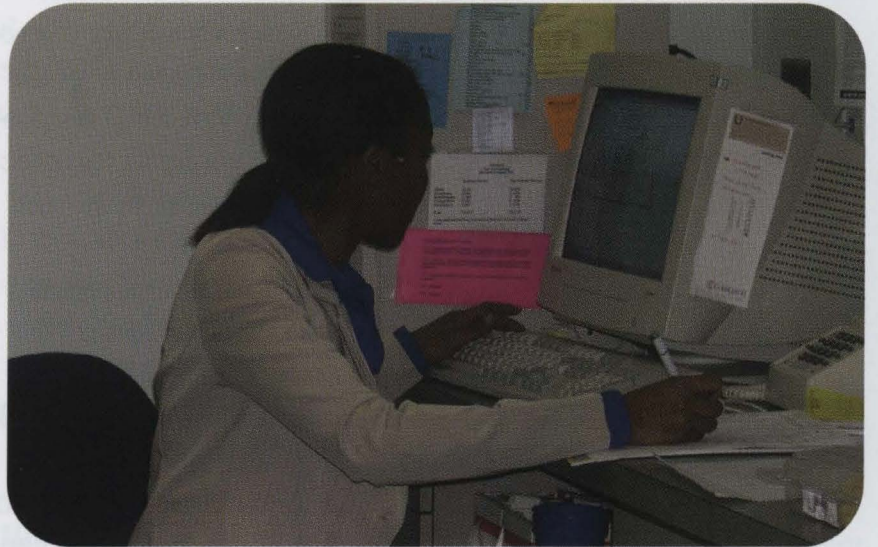
The Search Is On

How to find fun jobs that will make your summer break worthwhile

-Janet Shokal -Photos: Steven Lawrence

I know that we are all probably well aware of the costs associated with being a college student in Myrtle Beach. Many of us have jobs already, but for those of us who notice our bank accounts shrinking with each passing weekend, the search for employment continues. According to the National Association of College Stores, student spending for books and supplies has risen from an average of \$619 in 1999-2000 to \$807 in 2002-2003!

Tuition costs are rising rapidly as well, and as we embark upon the 2005 school year, our individual financial situations seem more depressing with every trip to the bookstore. In addition to books and tuition, we spend money on food, car insurance and payments, gas and many other mis-



...our bank accounts [are] shrinking with each passing weekend

cellaneous items. For a struggling college student to stay afloat, it is sometimes necessary to get a job. If you make the right choice, it doesn't have to be as painful as it sounds. Aside from the much-needed cash flow, picking up a part-time job is a great way to meet new people.

Applying for a job can be a confusing experience. The first step is determining which employers are looking for help. A great source of information is right here at Coastal, in the Office of Career Services, located in the Prince building, room 117. You can also call (843) 349-2358, or log on to www.coastal.edu/career. They can direct you to helpful Web sites, like www.MonsterTRAK.com, and assist you with job searching, resume writing and give you valuable internship information.

For off-campus jobs, log on to www.groovejob.com and type in your zip code. You'll be amazed at how many available jobs pop up. This is a great Web site because it allows you to search for openings in Conway and Myrtle Beach, as well as your hometown if you are planning on spending the summer there. If these resources don't do the trick, the local newspaper's classified section is always a good

idea. Employers typically hire summer help in "waves," with the third one being right before Memorial Day (so act now!).

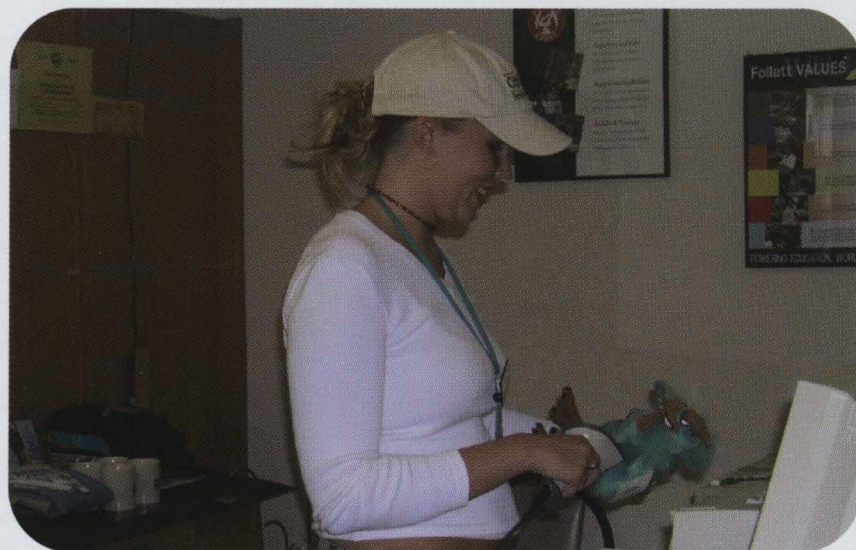
Since you will be spending time and effort at this job, you will want to choose one that appeals to you. Because Myrtle Beach is such a busy tourist area, it seems there is something for everyone. Now that you have researched your options, decide where you can be most successful. The next step will be to call and make an appointment to meet your prospective employer. Fill out an application neatly, and set up a time to drop it off. If you make sure it goes into the hands of the "boss," this will give you an extra chance to talk with him or her. Becoming a familiar face makes a good impression, and the prospective employer is likely to remember you.



Interview Preparation Hints:

1. Be more professional than you need to be. Dress to impress.
2. Be on time! If you are late returning phone calls or for the actual interview, it implies that you will be late for work.
3. Be genuinely interested and excited about the job. Remember, you will be working for them, not the other way around.
4. Make sure you bring the following items to the interview: your application, paper and pen, driver's license or non-driver ID AND birth certificate or social security card (and a resume, if necessary). If you are prepared, it will make the hiring process easier.
5. The interview begins the moment you walk in the door. Be nice to secretaries and other employees because you will be working alongside them if you get the job.

g etting involved on campus and in your community is a rewarding experience. Congratulations to those of you who already work. I understand how difficult it is to juggle school and a job, and you deserve a pat on the back. Having a part-time job gets you one giant step closer to the independence we all crave. It also prepares you for the real world and keeps you busy. Won't your parents be proud! I see success in your future, and now that you have all the information you need to apply for a summer job, you will be able to keep a steady flow of income for books...or happy hour. Whichever comes first.



Air Conditioned Employment

Food Service: Restaurant work is perfect for high-energy students or those interested in business management and customer service.

Supermarkets: Stores like Food Lion are usually busy in the summer and appreciate the extra help. These jobs require little training and are open year round.

Retail: Clothing stores at outlets and in the malls look for extra help during the summer. The new Coastal Grand Mall in Myrtle Beach has listed jobs with the Office of Career Services.

Making a Difference

National Parks: Parks across the U.S. are always interested in getting young people involved. Working as a forest ranger or tour guide gives science majors exposure to wildlife and nature. Log on to www.jobmonkey.com for more information on outdoor employment and internships.

Entertainment: Dixie Stampede, Medieval Times, The Pavilion and The House of Blues are hot spots where tourists and locals go for entertainment. Music and theater majors can use their talents to bring joy to us all and will likely find interesting jobs at these places.

Camp Counselors: Summer camps are fun because you get to work with kids and gain valuable experience for the future. See Lori Goodman, President of the Education Club, for information about Camp Liberty, located right here in Conway.

The Outdoor Experience

Lifeguarding: Lifeguards get to spend time outdoors by the water, and a course is offered at CCU to become certified. This should appeal to physical education majors because it is a job that requires you to be active and physically fit. Plus, the scenery isn't bad either.

Water Parks: Water parks and water sports businesses hire summer help. These are outdoor jobs that often come with perks, like free passes.

Campus Jobs: Jobs on campus are a great idea if you are taking summer classes because hours are usually flexible and employers remember that school comes first.

Golf Courses: Golf majors are in heaven in Myrtle Beach! There are positions available in the golf and mini golf industry.

What Does Your Tuition Buy?

An investigation of how your money is used to manage CCU

-Lindsey Barnhill

Allocations

University Operating Budget

Per full-time undergrad in-state student	\$2,035
Per full-time undergrad out-of-state student	\$5,470
Per part-time undergrad in-state credit hour	\$176
Per part-time undergrad out-of-state credit hour	\$501
Per part-time graduate in-state credit hour	\$185
Per part-time graduate out-of-state credit hour	\$510
Technology fee per student taking six or more hours	\$40

Athletics

Per full-time undergrad in-state student	\$295
Per full-time undergrad out-of-state student	\$700
Per part-time undergraduate credit hour	\$10

Student Activities

Per full-time undergraduate student	\$33
Per part-time undergraduate credit hour	\$2

Student Affairs

Per full-time undergraduate student	\$12
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PE Center Student Programs

Per full-time undergraduate student	\$3
Per part-time undergraduate credit hour	\$6

Intramurals

Per full-time undergraduate student	\$2
Per part-time undergraduate credit hour	\$1

Student Contingency

Per part-time credit hour	\$20
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Debt Service

Per full-time undergraduate student	\$100
Per part-time graduate credit hour	\$10

Renovation Reserve

Per full-time undergraduate student	\$75
Per part-time graduate credit hour	\$5

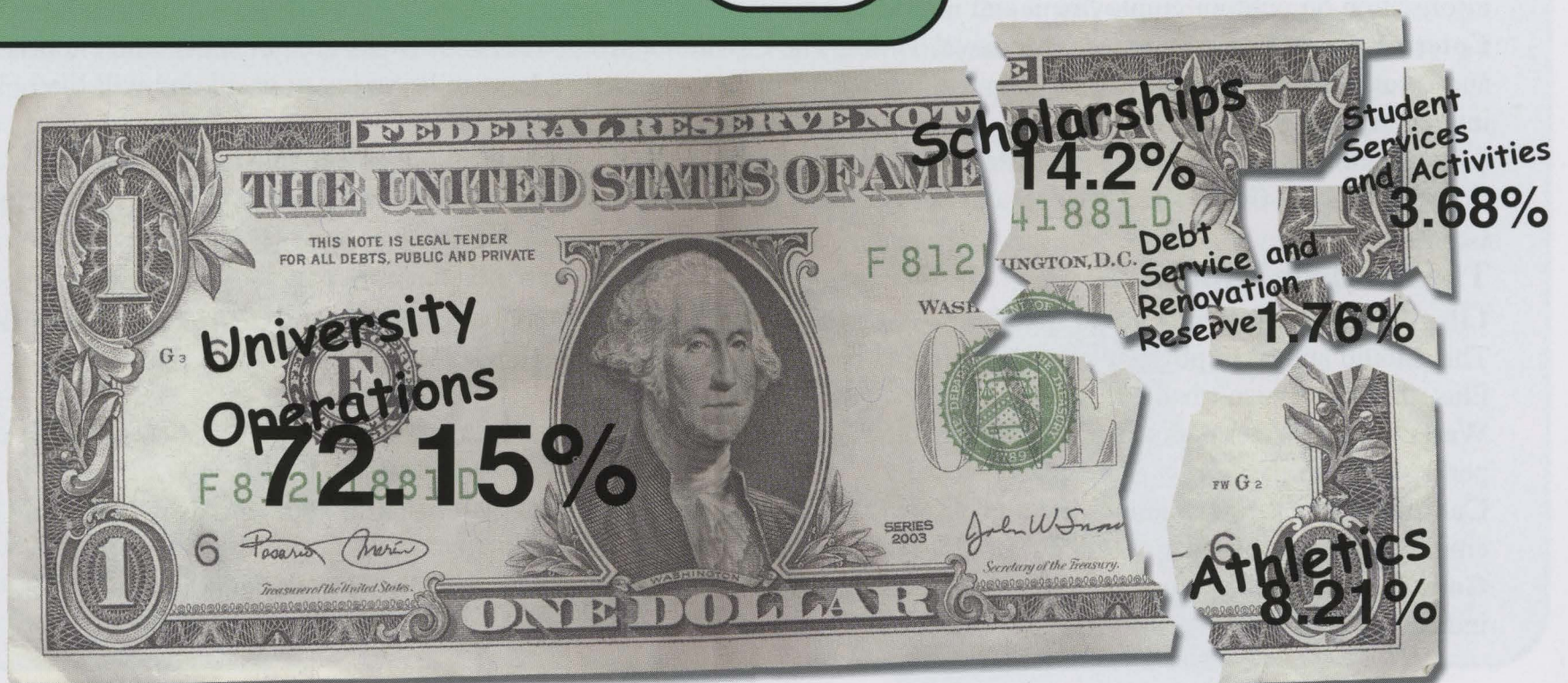
you can buy 865 Chick-Fil-A sandwiches from Cino Grille, approximately 129 new DVDs from Wal-Mart, a six night Caribbean cruise for four or a 1986 Chevrolet Camaro Z28 for the same price that in-state residents pay each semester for tuition and fee charges here at CCU. But before you trade in your education for a lifetime supply of chicken, you might want to consider exactly what your tuition covers. Thanks to Linda Lyerly, the Assistant Vice President and Controller in the Controller's Office, we have broken down the cost of tuition so that you can see exactly what your money is buying and how it is used to operate the daily functions of a growing university.

*Full-time in-state undergraduate tuition totals \$2,595.

*Full-time out-of-state undergraduate tuition totals \$6,435.

*Part-time in-state undergrad tuition per credit hour is \$215.

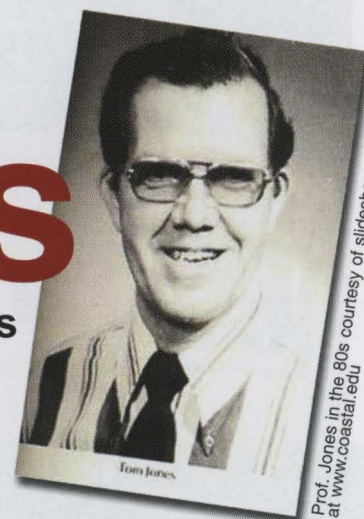
*Part-time out-of-state undergrad tuition per credit hour is \$540.



Faculty Profile: Thomas Jones

With twenty-five years of teaching experience, Prof. Jones uses real world examples to keep students interested

-Michele Johnson -Photo: Paul Robinson



Thomas Jones is an assistant professor at Coastal Carolina University who currently teaches the THEA 140 public speaking course. His educational background includes a bachelor's degree in education from Northern Illinois State University, a master's degree in fine arts from Ohio University and work toward a doctorate at Indiana University, Louisiana State University and The Ohio State University. He is one of several senior faculty members and has 25 years of teaching experience at Coastal. With a soft-spoken demeanor and a silly grin, it is obvious that he enjoys his job. Because of an early background in theater, his sense of humor is old-fashioned and somewhat vaudevillian, and his jokes are so corny that you can do nothing but laugh.

Professor Jones has been married to his wife for over 50 years and has two sons and three grandchildren. He joined the university faculty in 1979, before the building of the Wheelwright Auditorium. As the technical director, he directed the performances of the theater department in the small theater, which is located in the current Department of Public Safety building. At that time, Professor Jones was one of only two faculty members in the theater department.

During his time here, Professor Jones has witnessed a lot of growth and change. Beginning with the Wheelwright Auditorium in 1981, he has watched the campus, the academic programs and the student body grow. The Science Building, the residence halls, the Admissions Building, the Wall Building, the Prince Building, the Athletics Administration Building, University Hall and The Edwards Building have all been added since Professor Jones joined the faculty.

During his lifetime, Professor Jones has experienced a lot of change in the world. After growing up in Illinois and starting college, he joined the Air Force and served on active duty at the end of World War II. He has lived under fourteen presidents, through five wars and witnessed many technological and social changes. Professor Jones uses these experiences as guides to help him lead students.

Teaching is what Professor Jones thoroughly enjoys, and he views it as his most satisfying accomplishment.

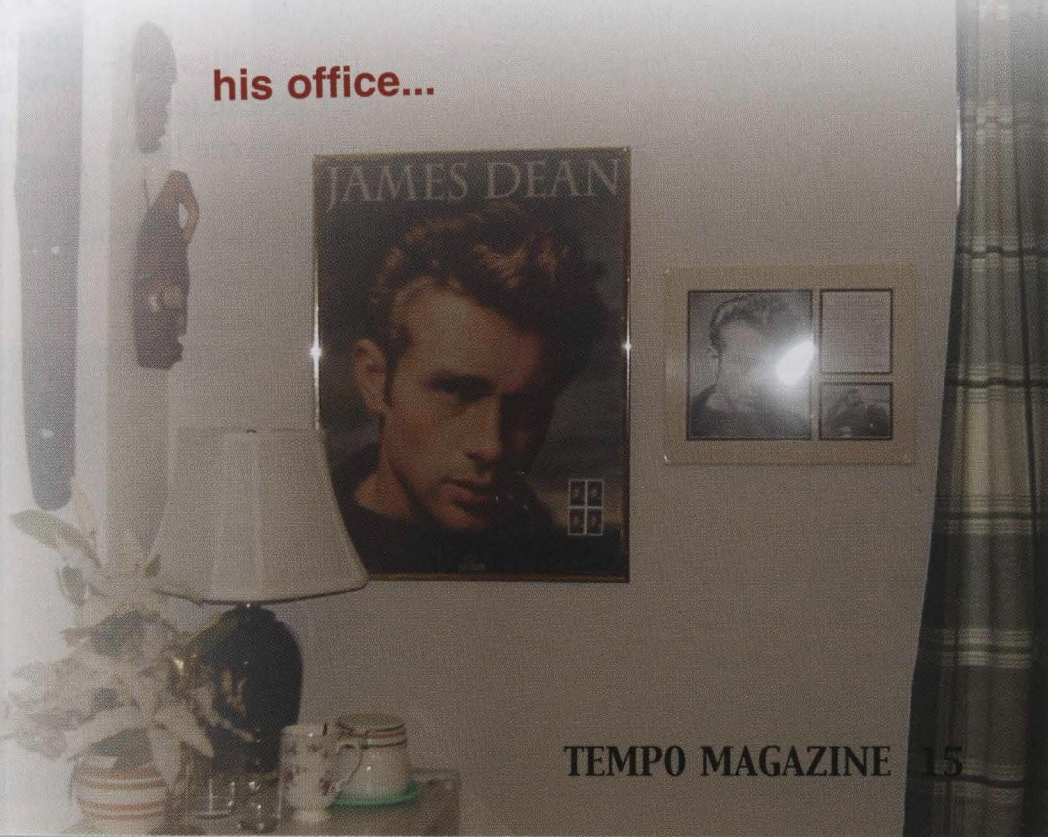
Proudly, he has seen many students graduate from Coastal and go on to become quite successful. It is his belief that opportunities for foreign exchange and travel abroad are great benefits for students at Coastal. Another great benefit he believes Coastal students have is the Celebration of Inquiry. He was very pleased that Coastal brought such a unique learning opportunity back to the campus this year. Professor Jones also holds the opinion that Coastal has a wonderfully diverse and highly talented staff of professors who make a point to get to know their students.

Thomas Jones has experienced a lifetime of memorable events that he is willing and able to share with a new generation. In addition to teaching, he also continues to do research, write papers and give speeches on James Dean, Orsen Welles and Raggedy Ann and Andy. Flower arranging is another hobby he has enjoyed since his days long ago as a window trimmer.

His advice to students is, "participate as much as possible, in not only the classroom, but the other things available, such as the concerts, the plays and the student government."

Professor Jones says, "You go to college to find out where to find out," because if you do not take advantage of the opportunities that are available, you are missing what college is truly all about.

his office...



The Celebration Returns

-Sara Elisabeth Potts
-Photos: Steven Lawrence



No one knows more about the Celebration of Inquiry than Dr. Sara Sanders and Dr. Joan Piroch, the founders of the conference. However, this past February at Coastal, a murmur of confusion emerged when the event was mentioned. Students and professors alike were unfamiliar with the COI conference, mostly because it took a mysterious three-year hiatus.

So what exactly is the COI conference? “From the beginning, the Celebration of Inquiry has been an event that allows and encourages people to think across disciplines,” says Dr. Sanders. “It’s a rare and wonderful opportunity to get outside the boundaries [of everyday academia] and really pursue what it is to be educated.”

According to Dr. Piroch, the conference “ties various disciplines together.” For instance, the COI can teach English majors to paint Monets or art majors to write haiku poetry.

“Sometimes you get so stuck in your major that you don’t know anything else,” Dr. Sanders says. “The conference might open up some opportunities, and some understanding, risk free.” For students, it’s wonderful to have the chance to learn and not worry about the grades involved.

The idea for the COI conference came to Dr. Sanders at an English department retreat, when their guest speaker, Gerald Graff, spoke about how the University of Chicago’s English department teaches around a theme to stimulate class discussions. The idea excited Dr. Sanders. “I started thinking, ‘We could do that. I bet all of Humanities would do that,’ which led to, ‘Maybe the whole

university would do that.’” Dr. Sanders ran the idea by her husband and fellow English professor, Steve Nagel, who was equally enthusiastic.

To involve more of the university, Dr. Sanders decided to collaborate with Dr. Piroch, the psychology department Chair. “She [Piroch] was so excited about it, and we agreed that she would work with me to try and make it happen,” says Dr. Sanders.

“Sara is such an optimistic, positive person,” says Dr. Piroch. “She could sell anything to anybody, and when she presented it to me, I thought, ‘This is the best thing since sliced bread.’”

The pair submitted what they titled “A Modest Proposal” to Coastal’s faculty, explaining what the COI conference would entail; fifty-eight people attended a meeting regarding the event. “From the beginning, it was completely grassroots,” says Dr. Sanders. “It was just a bunch of people considering whether or not this could be a good thing to do.”

Of course, there were concerns among the faculty. Many professors didn’t like the idea of losing class days, a concept that Dr. Sanders didn’t understand. “People would say, ‘I can’t let a class go,’ and I’m thinking, ‘I’d let a whole

week go for something like this.' It's not a letting go. It's this wonderful opportunity to weave the Celebration of Inquiries into what you're already doing," says Dr. Sanders.

There was also trepidation about whether the students were going to treat the conference as a long weekend or actually attend. "Any Friday in my classes there are people who're absent," Dr. Sanders says. "I'm not going to give up a fabulous opportunity like this for the people who aren't there. I want to have it for the people who are."

Ultimately, the first conference took a lot of time and effort to put together. "Sara and I talked initially in October of '96, and the first conference was in the spring of '99," says Dr. Piroch. "It took about two years to get everything in place for the first conference."

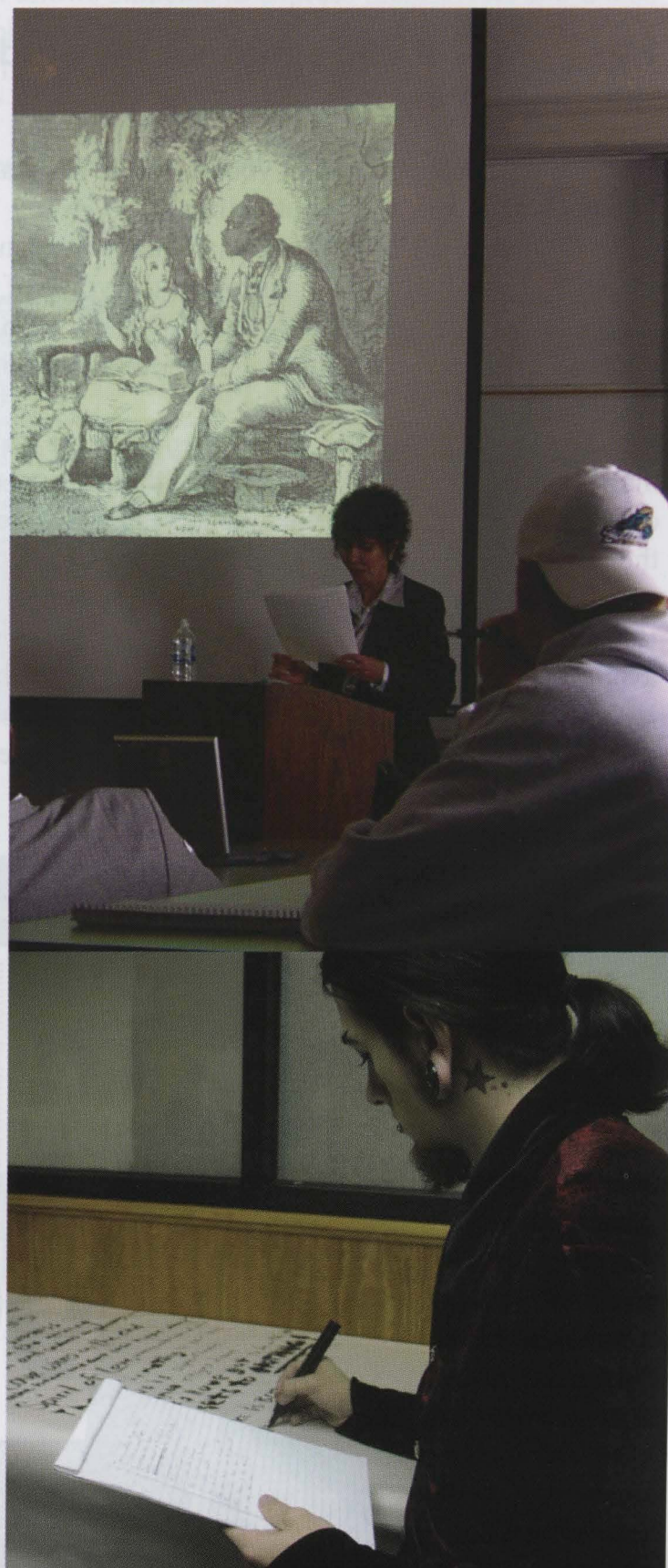
And then, due to faculty dissatisfaction, the COI conference disappeared. Coastal's faculty is evaluated annually for promotions and merit raises, and to do well on these evaluations, they must engage in various scholarly activities. Some of the people in positions to evaluate didn't classify the conference as a scholarly activity. "Unfortunately, that impacted Sara's decision to remain as a conference director," says Dr. Piroch, "and I told her that I would support her every step of the way. So, when she told me she was going to resign as director, I said, 'I will resign with you.'"

The conference returned this year because of the support of Dr. Peter Barr, Coastal's Provost. "He [Barr] thought that COI conference was one of the best things that Coastal had ever done," says Dr. Piroch, "and he was very much in favor of trying to reinvigorate that conference."

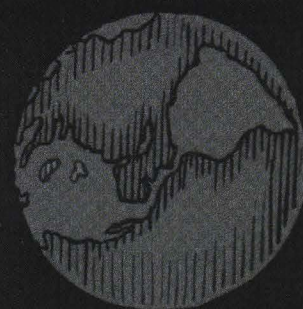
Through this year's experience, there is the hope that students and faculty will become more familiar with the COI, integrating it into their academic lives. "I am eager to see it become increasingly embedded as a part of our university's culture," says Dr. Sanders. "I'd like to see students know it's coming up, and I'd like to see the student guides at orientation saying, 'oh guys, you can't wait until February when COI happens.'"

With student and faculty support, the COI conference may become a permanent and valuable part of Coastal's spring semester. "We had two great [conferences] in 1999 and 2000," says Dr. Sanders, "and we're all so happy that it's back in 2004, apparently for good."

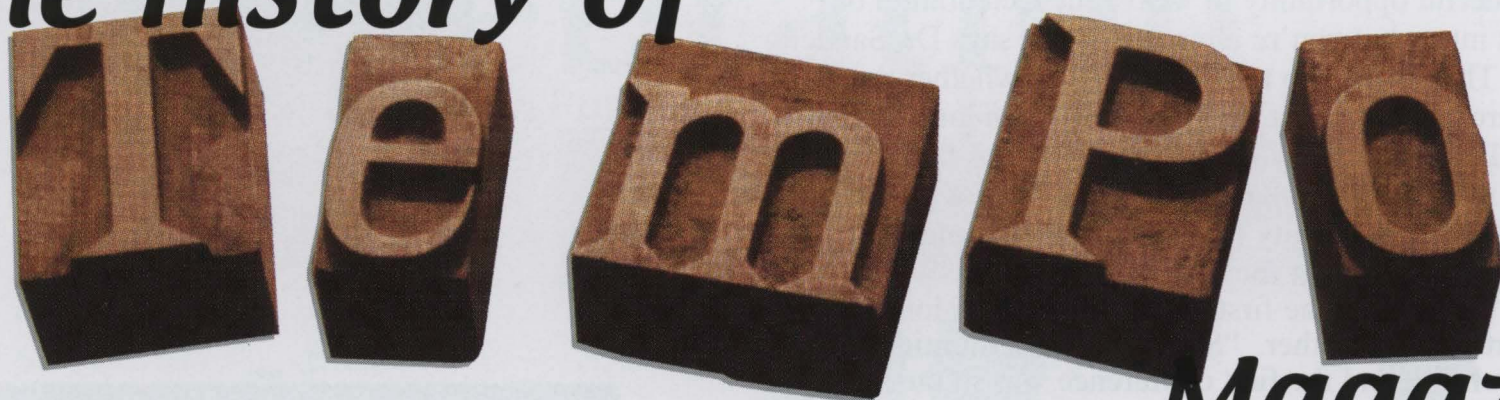
The benefits of the conferences are immeasurable. Because the COI is free and open to the public, it brings the surrounding community together, as well as all of Coastal's colleges. "I hope that more people feel the inertia of it so that it never becomes a thing that anybody tells you to do, but it becomes a thing that you wish to be part of and you want to go to," says Dr. Sanders. "I hope it's going to become part of who we are, become a part of what defines us."



Seeing the World Anew



The History of



Magazine

Past, present and future of the student features publication
-Michele Johnson

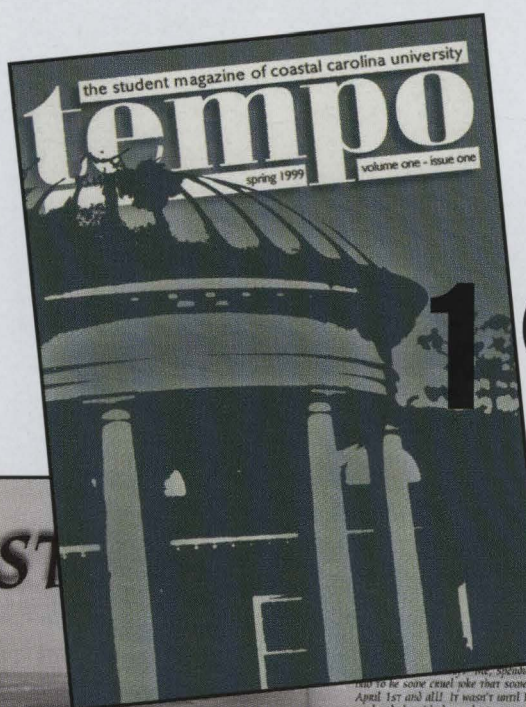
What happens when you assemble halfway decent writers, halfway decent photographers and halfway decent designers? You get a magazine that's not half bad.

Tempo is Coastal Carolina University's student features magazine, which means it is written, designed and produced by students. Essentially, the magazine is the voice of Coastal students, and it provides an opportunity for students to express their talents in writing, layout and design. Students can participate in the production of *Tempo* by enrolling in the UNIV 200 course, joining the *Tempo* staff as a writer, photographer or designer, submitting articles for consideration or simply contributing ideas for articles.

The magazine began as a replacement for the Coastal Carolina University Yearbook in 1999. The concept of a features magazine was the creation of Tabby Shelton, a member of the yearbook staff, and with the dedication and hard work of several other loyal yearbook staff members, *Tempo* was born. The founding editors and art director all owned Ford Tempos at the time the project began and decided that *Tempo* was a fitting name for this new magazine.

One issue is published each semester and is available free of charge to students and the campus community. The spring issue is published in mid-April, and the fall issue is published in mid-November. Extra copies, current and past, are always available in the *Tempo* office, located upstairs in the Student Center, room 206-H.

Tempo provides students with an outlet to express and share their ideas, interests and talents in writing, photography and design. A student can gain knowledge and experience in journalism and publishing by getting involved with *Tempo*. With the



1999



2000

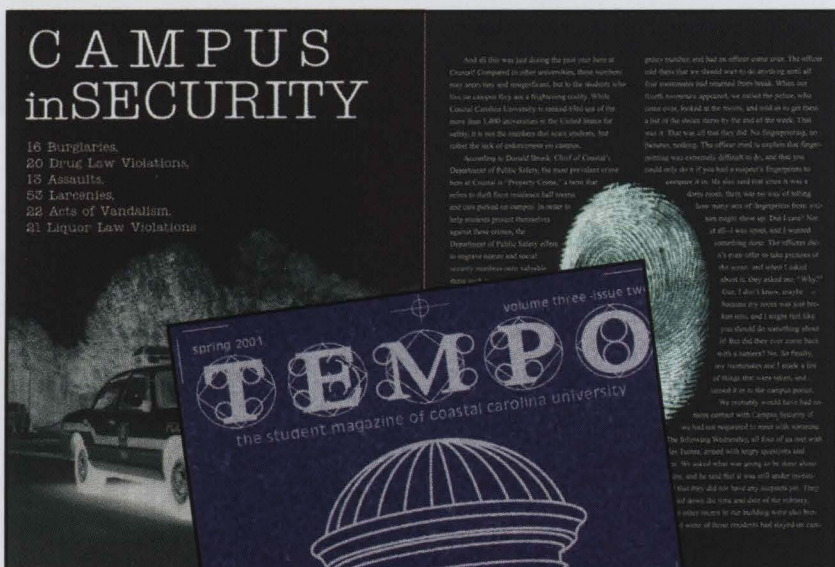
assistance of the staff editors, the campus writing center and the media advisors, a student may form an idea or interest and create a published product. *Tempo* is a high quality publication that would benefit any portfolio.

Coastal's student-produced magazine offers several options for students to participate in its publication. The UNIV 200 course covers the various stages of publishing and gives students an opportunity to work through each stage of the publishing process, from choosing a topic to designing a layout. However, it is not necessary to take the class to work with the *Tempo* staff. Students may sign a contract with the editors and submit completed articles or photographs by assigned deadlines to be considered for publication. Students may also submit ideas or topics to the staff for potential articles. All articles and photographs submitted to *Tempo* are subject to review by the editors and must meet all journalism standards of ethics. If writing or photography is not an interest, Web design and selling ads are other avenues for students to get involved with the magazine.

Tempo acts as the voice for students at Coastal Carolina University. It allows students to express themselves, and it also provides them with an opportunity to display their talents in writing, photography and design. *Tempo* provides students with the opportunity to take advantage of the resources available to them. This chance is important to students because "small opportunities are often the beginning of great enterprises (Demosthenes, Greek Orator)."

Beginning with the spring 2000 issue, *Tempo* has received several awards. These awards are possible through competition with other student media publications across the country.

2000	Coastal Advertising and Marketing Professionals	3 Stars
2001	College Media Advisors/Associated Collegiate Press	Cover Design 5th Pl
2001	College Media Advisors/Associated Collegiate Press	Contents Page 3rd Pl
2002	College Media Advisors/Associated Collegiate Press	Contents Page 3rd Pl
2002	College Media Advisors/Associated Collegiate Press	2 pg Spread, Racism 3rd Pl
2003	College Media Advisors/Associated Collegiate Press	Best in Show 5th Pl
2003	Printing Industries of the Carolinas Internal Comm.	Judges Award



2003



TEMPO MAGAZINE 19



Happy Birthday, Coastal

A reflection of our first 50 years

-Sara Elisabeth Potts



This September, Coastal Carolina University will officially be half a century old, and there are not many people left to tell the tale from the beginning.

On the humid evening of July 23, 1954, some of Conway's most ambitious citizens met, deep in the heart of Horry County Memorial Library, to talk about the prospect of a local college. Their idea succeeded, and they became the first members of the Coastal Educational Foundation.

On Sept. 20 of the same year, the foundation opened Coastal Carolina Junior College as a branch of the College of Charleston. There was no campus back then, and only 53 students attended afternoon or evening classes at Conway High School. However, in 1958, Coastal was dropped by the College of Charleston, and in 1960, it was added as a branch of the University of South Carolina.

It wasn't until 1961 that the Singleton Building was erected, and Coastal's 110 students moved onto the new campus. But to some, calling the solitary Singleton Building a campus seemed strange.

"The administration building was the only building sitting there, and that was a funny feeling," says Dr. Edward Singleton, the former Director, Vice President, Chancellor and now the Chancellor Emeritus of Coastal. "We said we were a college, but we just had one building." The next building on campus was the Student Union Building, located where the Department of Public Safety is today.

"The coming of that second building gave everyone the feeling of a

campus," says Dr. Singleton. The Student Union Building contained an auditorium that could seat 250 people. Dr. Singleton chuckled at the idea, saying, "The visionaries thought that if we ever got to 250 people, we were going to be a real college."

The Kearns Building and Kimbel Library followed, but according to Dr. Singleton, "The facility growth has been much more dramatic in the last 10 years, than in the first 20, because of the Wall Building (1993), the Prince Building (1994), the Edwards Building (2000) and the state-of-the-art Brooks Football Stadium (2003)."

"The visionaries thought that if we ever got to 250, we were going to be a real college."

-Dr. Edward Singleton

However, more than just Coastal's facilities have grown in the last 50 years. From 1954 to 2004, Coastal went from 54 students to more than 6,000. "To me [Coastal's growth] is almost unbelievable, and I feel fortunate that I'm still here to see it," says Dr. Singleton.

He remembers making appearances at civic club luncheons. "Very often, I would include in my speeches, 'Someday there will be 5,000 students here at Coastal,'" says Dr. Singleton.

"That was when there were only 300 students. People would come to me afterwards and ask, 'Do you really believe that?' and I would say, 'No, but I had to supe up my speech a bit. Didn't that sound good to you?'"

Coastal alumni and Chairman Emeritus, Billy Alford, says he knew the college would grow, but he didn't expect it to expand to the current magnitude. "I can only imagine where it will be in the next five to ten years," says Alford.

Currently, Coastal is attracting more students than it can handle. So what makes our university so great? Most people say it's the beach.

"There's certainly a prominent attraction," agrees Dr. Singleton, "and that's the proximity to the gigantic resort which is Myrtle Beach."

However, according to Dr. Singleton, there are other factors as well. "I think we gained a national reputation with some of our educational programs, such as marine science."

Alford, who attended from 1973 to 1977, says, "I think it's the people at Coastal, especially the faculty and the staff. I can't say enough nice things about Dr. Singleton, and a mentor of mine, Professor William Baxley." Whatever the reason, Coastal continues to push above and beyond everyone's expectations.

Of course, Coastal has experienced a few milestones along the way. In 1973, a junior year was added, followed in 1974 by a senior year, making Coastal a four-year college. "Some of the memories that I cherish most concern the year that we awarded the first four-year baccalaureate degree to stu-

dents," says Dr. Singleton. "It was one of the biggest moments in my life here."

The year that Coastal became an independent university was also important. According to Dr. Singleton, one of the events that led to Coastal's independence was the school's expanding academic programs. However, it was Alford who played an instrumental role in Coastal's independence from USC. "I felt, as chairman of the Higher Educational Commission, that we [Coastal] were not getting our fair share from the University of South Carolina," says Alford. "We were the lowest funded in basically every category that there was." Simply put, Coastal was nearly last on USC's list for campus improvements and expansions. Alford decided to challenge the USC system, which was led by Dr. James Holderman at the time. "After a graduation ceremony, I was invited to the faculty house for a reception. Directly behind the faculty house was a huge pile of trash," says Alford.

He was so shocked that he walked around the entire campus, noticing the modular classrooms, exposed pipes and the overall poor condition of the buildings. "I walked over to the old Student Union Building, and it was about to fall down," says Alford. Once he presented this material to Holderman, a movement began for Coastal's independence, and on July 1, 1993, Coastal Carolina College became Coastal Carolina University.

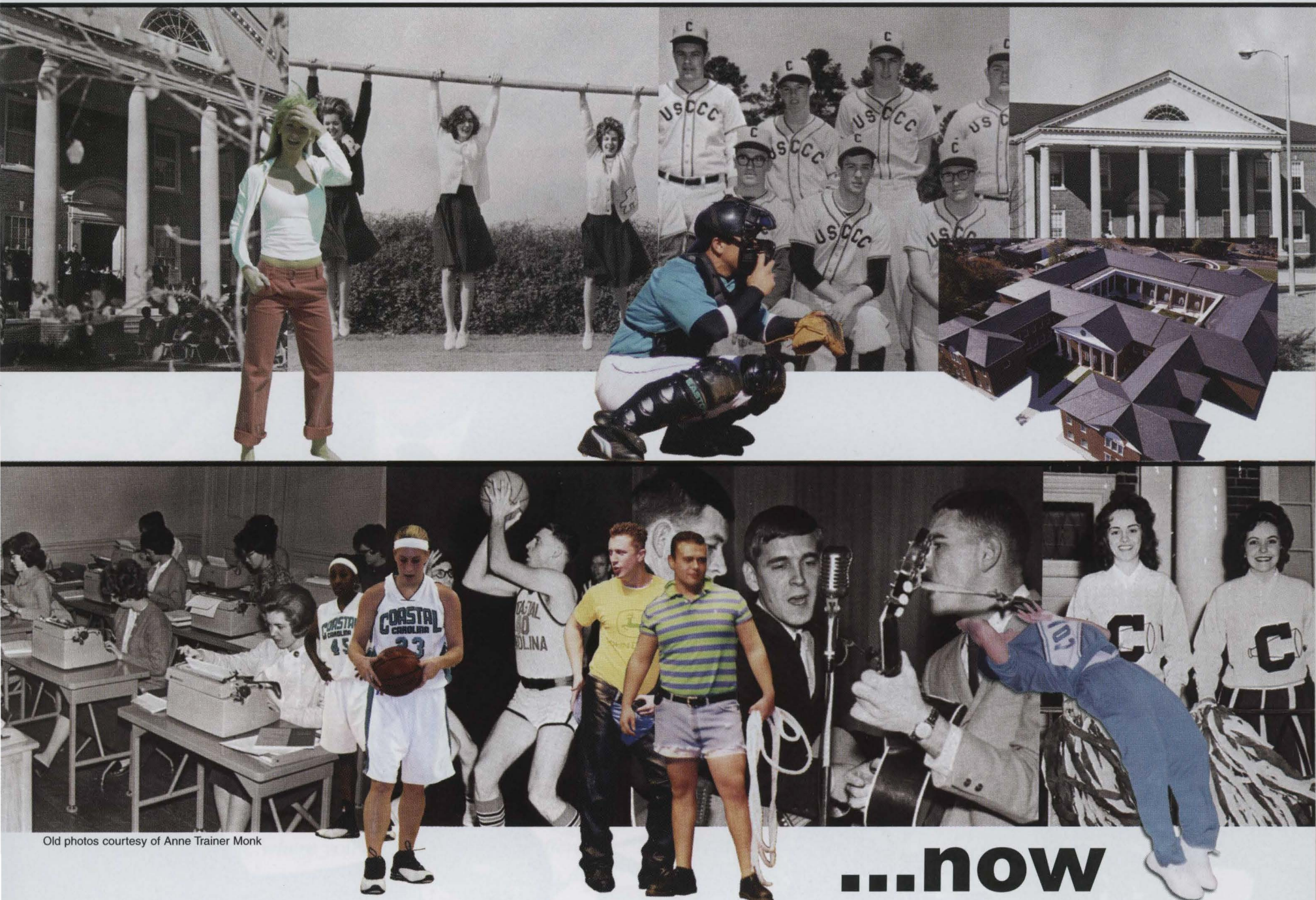
Coastal's most recent accomplishment has been the establishment of the football program. Of course, there was a lot of hesitancy surrounding the issue. "A lot of people were opposed to that. In fact, I had some reservations about it myself," says Dr. Singleton. However, the football program has created an abundance of enthusiasm that has carried over into the other athletic and academic programs. "It's just been one of the great events that occurred here at Coastal," says Dr. Singleton.

The official kick-off event for the 50th anniversary celebration, which is yet to be planned, will be held on Founders Day, which is Sept. 20. Also, Coastal's homecoming ceremony, held in November, will be centered on the 50th theme. A detailed calendar with all of the related events is forthcoming.

Coastal has made numerous changes over the years, and it has ultimately become something extraordinary. "If you want to see a breath-taking view, go up to the very top level of the football stadium and look back over all of campus," says Dr. Singleton with a smile. "Now it really looks like a university campus."

Coastal continues to touch the lives of many people. "I can't get over the fact that we represent basically every state and so many countries in the world," says Alford. "It's just a wonderful place, and I'm very grateful to be a graduate of Coastal Carolina."

then...



Old photos courtesy of Anne Trainer Monk

...now

TEMPO MAGAZINE 21

College photo courtesy of Judith Ingle

From the office of the Pres



ident

President Ingle remarks upon life and education

-Mike Jaruszewicz

-Photo: Paul Robinson

Preparing for an interview with your university's president is not exactly the easiest thing to do. Sure, you have to create a list of questions that you believe will generate interesting and personal responses, but that is the easy part. Before my interview with President Ingle, in the back of my mind, I kept thinking that I was not just going to converse with one of my friends; I was going to sit down for thirty minutes with the man who is going to sign my diploma. However, I found that he, in no way, resembled the hard-nosed university president that I had imagined.

Once I entered his office, I shook his hand and was greeted with an easy smile that immediately removed all of the anxiety that had been building up prior to my appointment. It truly was like I was speaking with one of my good friends. Even though I had prepared over a dozen questions, I don't think I asked half of them. The interview for which I had prepared turned out to be a casual conversation about how both our lives led us to Coastal Carolina University. I learned about his youth in Moncks Corner, and he learned about my years in Pennsylvania. Through the course of our discussion, I was simply amazed at the extent to which CCU is a part of President Ingle's life. President Ingle has dedicated many years to the advancement of this university and its students, and his commitment and enthusiasm shines through in everything he says and does.

One part of our conversation that stands out in my mind is when President Ingle and I spoke about what constitutes a good education. His thoughts on the topic are as follows:

I don't know many people who have started out knowing exactly what they wanted to do for a living. I wasn't really sure what I wanted to become, and quite frankly, other than my friends who knew they were going to medical school, most of us felt that a good college education was not directed at getting you a specific job; it was there to prepare you to be an adult and to be able to go to work. I still feel that a good solid liberal arts education will serve you well. And I think for a public institution, well, I hope that, and I know this can't happen for everyone, but I hope that if a student leaves this education with a strong sense of values, not my values, but if this institution has helped you shape your own value system, we have succeeded. And I think that with this type of education, where you are able to solve different types of problems, and you are able to communicate to dif-

ferent types of people, it is going to take you a long way. Obviously, there are certain skills that you are going to need, and there are certain things you are going to have to know about pedagogy, but that is why I feel we are different from some other schools. We have that strong thread running through all our majors, and I think that serves us well.

At another point in the conversation, I could sense his attachment and dedication to our university when he said:

When I stop doing this, I don't know if I can go cold turkey. This is what I am. This is what I do. I just feel that I am the face that represents you and everyone else, and I enjoy it. I don't mean to trivialize it, but I am the spokesperson and salesperson of this institution. I learned this when I became president. It only took a couple of Rotary Club speeches to find out that people did not want to hear complaints about us being the lowest funded school in the state. They wanted to hear what you are going to do about it. They wanted to identify with a winner. So I said, 'Dog darn it, I am going to change our message because people want to hear the positive things. I am going to offer a solution.'

President Ingle has served our university for over 15 years and stands as a reminder to faculty, and students alike, as to the quality Coastal Carolina University embodies. He is honest, dedicated and intelligent. He is our president.

Ingleinfo.

Birthday: April 9, 1940

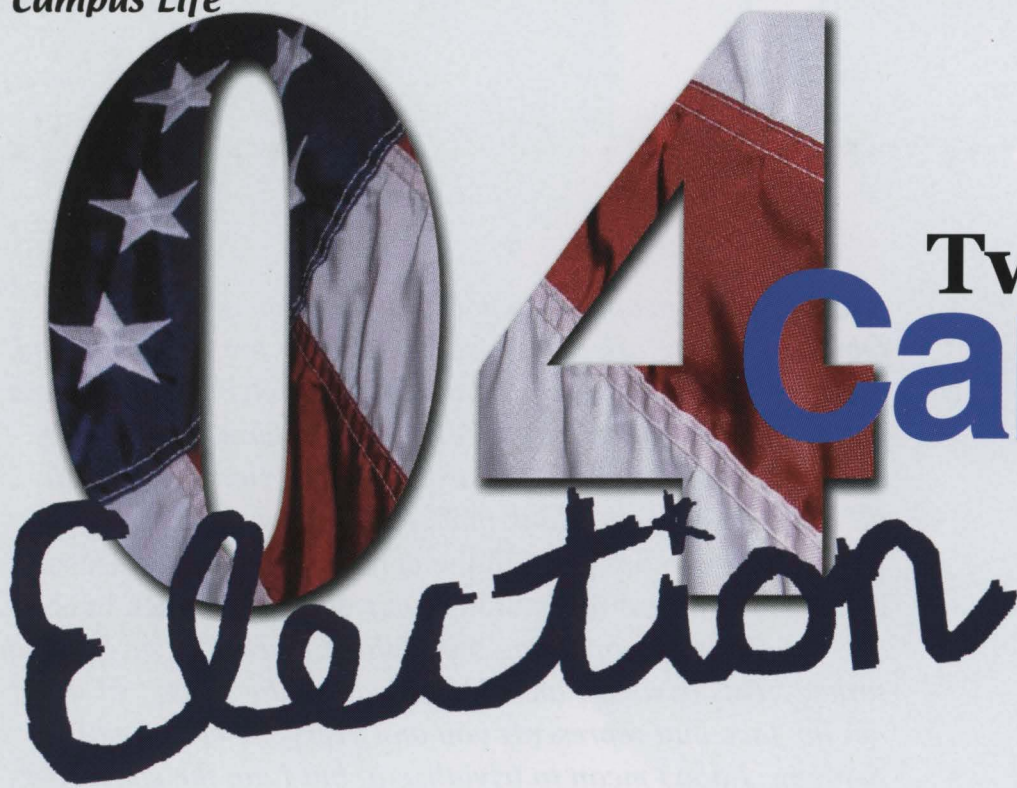
Birth Place: Moncks Corner, South Carolina

Wife: Judith K. Ingle

Children: David and Stephen

Education: bachelor's degree in English from Wofford College (1962), master's degree in higher education administration from Florida State University (1963), doctorate in psychology from The Ohio State University (1972)

Military: served as an officer in the U.S. Army from 1964 to 1966



Two Candidates, One Issue

Bush and Kerry address students' number one concern: homeland security
-Erin Barajas

Well, it's here again . . . another presidential election year, and we all know what's in store for us: a multitude of lofty promises, a lot of knit-picking about obscure comments from twenty years ago and enough sappy commercials to make anyone want to swear off television until the whole thing is over. Of course, amongst all the bickering and arguing over seemingly minute points, it is easy to become confused about what the real issues are and how each candidate feels about them. It takes a dedicated citizen to actually research the issues and sort out the candidates' real stances—and that's the easy part. It is much harder to decide how you feel about the priorities of the candidates. If you are not registered, you have to go through the process of getting registered. Plus, if you are already registered, there's the whole problem of making a trip home to vote or getting an absentee ballot. All of this requires information that you may or may not already have.

People have probably been telling you to “do your civic duty” and that “every vote counts.” But it's just easier to ignore the whole thing and let someone else worry about all of it, right? Well, not this year. In your hands right now, you have all the resources you need to make your voting experience as painless as possible. I have assembled some basic information that every voter should know when heading to the polls in November.

Before I could research the platforms of the candidates, I needed to know which issues were most important to Coastal students. To obtain this information, I surveyed 65 students of various ages and majors. Unfortunately, there is only enough room in this article to discuss one of the issues, and according to this survey, homeland security is the most important. First things first, here's a little background on each of the candidates:

John Kerry (Democrat) was born on Dec. 11, 1943 in Colorado, but his family returned to Massachusetts shortly after his birth. Kerry was raised Catholic and remains an active member of the Catholic community. After graduating from Yale, he entered the Navy and was sent to Vietnam. He was awarded a Bronze Star, a Silver Star and three Purple Hearts for his service but became active in Vietnam Veterans

Against the War upon his return to the states. Kerry went on to graduate from Boston College Law School and became a prosecutor, then a trial lawyer. He was elected lieutenant governor of Massachusetts in 1982, then elected to the Senate in 1984 where he is presently serving his fourth term. He currently lives in Boston with his wife, Teresa Heinz Kerry.

George W. Bush (Republican) was born on July 6, 1946 in Connecticut and grew up in Midland and Houston, Texas. He graduated from Yale in 1968, then served as a pilot in the Texas Air National Guard. He received a master's degree in business administration from Harvard Business School in 1975 and went to work in the oil business. After working successfully on his father's presidential campaign in 1988, he was elected governor of Texas in 1994 and re-elected in 1998. He owns a ranch in Crawford, TX, where he resides with his wife, Laura, when he is not at the White House.

Since Sept. 11, homeland security has been a major concern for all Americans and not surprisingly, one of the biggest concerns to Coastal students. John Kerry's plan for homeland security is very long and detailed, but one of his biggest concerns is helping communities plan for a possible terrorist attack. He would do this by expanding Americorp by fifty percent and by training them to deal with an attack situation, as well as creating a New Community Defense Service—a sort of neighborhood watch system—that can identify medical professionals, pass out quarantine and evacuation plans and be ready to assist in case of an attack. Kerry also plans to gather the best American scientists to develop vaccines and antidotes to fight against biological attacks and work with the technological community to develop new security systems and new communications technologies for “first defenders” (firefighters, police officers, and EMTs). Kerry also wants to make sure that these first defenders have the gear and personnel they need to protect us. Finally, Kerry wants to allow the federal government to share pertinent information with state and local officials and encourage states to modernize their driver's licenses to cut back on false identifications.

In September of 2001, President Bush was forced to rearrange his priorities, as were most Americans. Suddenly, things that seemed important the day before were altogether forgotten, and preparing for another attack was critical. Bush responded by creating the Terrorist Threat Integration Center, to merge and analyze all threat information in one place. He also reorganized the FBI and expanded Joint Terrorism Task Forces among field offices nationwide. Bush launched the Container Security Initiative, which targets high-risk cargo in foreign ports before it leaves for our shores. He also enhanced law enforcement on the U.S.-Canada border and improved joint infrastructures, such as bridges, tunnels and roads. Security was added at airports, water and power supply facilities, bridges, subways and other infrastructures nationwide, and baggage screening was improved at airports. About \$7.8 billion in grants were provided for first defenders to help prepare for attacks, and a national multimedia public information program was launched called the "Ready" campaign to help build citizens preparedness.

So there you have it: the most important issue to college students and how each candidate plans to deal with it. The problem is, I've only really scratched the surface of the information provided to anyone who is interested. All of the information for this article came from either www.johnkerry.com or www.georgewbush.com, and both Web sites do a great job of explaining the candidates' positions on a wide variety of topics.

Now what should you do with the information? Well, get yourself ready to vote. If you are not registered to

vote yet, there are dozens of Web sites that provide quick and easy registration. But read them carefully because some actually charge a small "technology fee" in order to process your registration. I recommend going to www.workingfor-change.com/vote. You can register to vote (for free), update your current voter registration or sign up for email updates and volunteer opportunities in the area. It's important to know that you must register at least 30 days in advance of election day. That means you must be registered *before* Oct. 3 in order to vote in this presidential election. If you are already registered in your hometown and won't be able to make it home for election day, you can still vote by absentee ballot. You have to get the actual ballot from your county's voting committee's office, but if you go to www.absentee-ballot.net, you can get the information you need, such as addresses, telephone numbers and even links to your county's Web site. Just click on your state and then your county to get all the information. You can also register to vote or find your district's voting location.

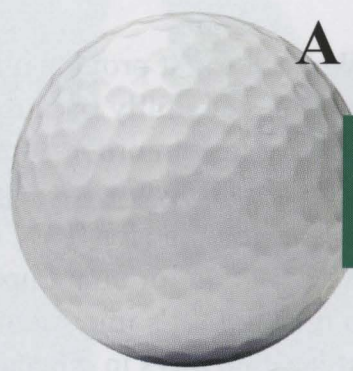
I hope that I have stirred a little curiosity in you to do some research of your own. You may be surprised at how easy the information is to access and how easy it is to participate in one of our greatest liberties. The point is, there are hundreds of Web sites and articles that give varying viewpoints on the candidates and the issues, and no matter how much you already know on the subject, there will always be a new angle you haven't heard before. There are very few times in life when it is guaranteed that if you give your opinion about something, it will be counted. So go ahead, take advantage of this opportunity.

Republican



Democrat





A Day In The Life Of A PGM Major

It's more than an afternoon on the course

-Krystin Mementowski

Picture this: it's your first tour of CCU. As you enter the Wall Building, your tour guide tells you that this is where all business, computer science, math, psychology, sociology and professional golf management majors will have most of their classes. "Professional golf management?" you whisper to the person next to you. "What's that? Do they, like, play golf or something?"

While the answer to this question is "yes," it is only one diminutive answer as to what the professional golf management (PGM) major entails. In order to better explain, I invite you to step into the life of a PGM student.

You are now one of 158 students enrolled in this four and a half year program at CCU. To get in, you satisfied all standard CCU entrance requirements, completed a separate PGM application and provided proof of a golf handicap of eight or less (which you must maintain, now that you're in). Pretty impressive so far.

You now have access to over 100 private and public golf courses located within 40 miles of campus, so you should be feeling very VIP right about now (and very fortunate--golfing is expensive).

You chose this major for two main reasons. First and foremost, you love golf, and you are obviously pretty skilled at it. Second, you are interested in pursuing a career in the golf industry; perhaps as a club professional, golf association administrator or a representative for a golf manufacturer or publication.

Now that you are in the program, you are required to simultaneously complete the requirements for a bachelor of science in business administration and marketing, while at the same time gaining experience in the golf industry and obtaining credit toward membership in the Professional Golfer's Association of America (PGA).

This means you have to complete each of the five main components of the PGM curriculum, which consists of business, marketing, golf management, internship and university requirements. The internship portion includes a required 16 months of gaining work experience at golf facilities under the direction of PGA Class A professionals.

To advance in the program, you must keep a 2.5 GPA, pass the PGA's Playing Ability Test (PAT) by your junior year (or you will get kicked out of the program) and complete self-study courses in the PGA's Educational Program. These courses include three sets of books and a test following each set, which are turned into the PGA. If these aren't completed by their due dates, you will not graduate.

Starting to sweat? Feeling a little overwhelmed? You should be. This isn't Captain Hook's Mini Golf. This is the real deal.

Welcome to the world of a PGM major.

"I think we get looked at as 'the golf guys' by a lot of the students and even some of the faculty, but our major isn't easy, and there's absolutely no time off," says senior Matt Dwyer. "We get no electives, have no summer break and are constantly being tested by the PGA, on top of a challenging collegiate workload."

Senior Chuck Johns adds, "PGM is both a mentally and physically demanding major, between acquiring a degree at Coastal and completing the books required by the PGA, along with the amount of time students put in to keep their golf games sharp to pass the PAT."

Matt and Chuck are both members of the PGM Club and have also participated in the PGM Director's Cup, a competition that is designed to showcase students from the PGM programs at CCU and Clemson University. These are the only two universities in South Carolina (and two of only 11 in the nation) with programs that are accredited by the PGA.

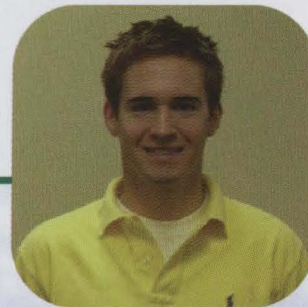
"I've been on the team since its inception three years ago, and it has been a great experience," says Matt. "It allows us to get to know other young professionals and keeps our competitive golf game sharp." Since its start in 2001, CCU has a 2-1 record in the Director's Cup.

The PGM Club, a relatively new organization comprised of solely PGM majors, currently has over 90 members and is the largest club at CCU. The club holds numerous charity events, tournaments, fundraisers and social events and also meets once a month to discuss the program and student concerns.

"We are very proud of our students. They are a bright, dedicated group who put in a tremendous amount of extra work to complete all the requirements of the program," says Charles Thrash, Director of the PGM program. "When they graduate from Coastal, they have truly earned their degree."

"The PGM major is very intensive, and it takes a very focused individual to complete our program," adds Richard Ballinger, Internship Director for the PGM program. "The rewards, however, are considerable upon completion of this program. Not only are our students college graduates, but they are members of the PGA of America. Two significant achievements at a very young age."

John Habermann



Academic Year: Sophomore

Hometown: Huxley, Iowa

I started golfing when I was 12 years old because: my mom signed me up for lessons. I didn't even want to go, to tell you the truth.

I like golf because: it's a different setting everyday, and you never know what to expect. It's just you against everything out there that day.

The three words I would use to describe golf are: fun, humbling and addictive.

The top 3 people I would want to shoot 9 with (dead or living) are: obviously Tiger Woods, John Daly and my grandma, Audrey.

My favorite golf course is: The Harvester Golf Club.

My most memorable moment in golf has been: my Iowa State Championship in 2001.

What I like most about being a PGM major is: the endless opportunities... and not many people can say their major is about a game or a sport.

What I like least about being a PGM major is: the work that we have to do on top of our schoolwork, like the PGM books and the checkpoints.

If I weren't a PGM major, I would be an economics major because: economics is one of the most important topics in the world, and it just seems to make sense to me.

When I graduate, I plan on: probably moving back to Iowa or maybe Colorado and hopefully being a teaching instructor at a cool facility.

Alison Garlinger



Academic Year: Sophomore

Hometown: Lake Odessa, Michigan

I started golfing when I was 8 years old because: my family was really into golf, and we had a house in northern Michigan at a golf resort.

I like golf because: I love the game and the challenges that come with it. For me, it's my way of getting away from everything to relax and have a good time.

The three words I would use to describe golf are: frustrating, fun and challenging.

The top 3 people I would want to shoot 9 with (dead or living) are: Tiger Woods, Ricky Barnes and Phil Mickelson.

Favorite golf course: Bay Harbor Golf Resort in Harbor Springs, Michigan.

My most memorable moment in golf has been: shooting even par in a golf tournament in high school.

What I like most about being a PGM major is: all the great people you get a chance to meet and the contacts you make along the way.

What I like least about being a PGM major is: it's a lot of work. Most people think being a golf major would be really easy, but you have to do a lot of other work in golf books for the PGA. So you have your normal schoolwork to do and these extra golf books.

If I weren't a PGM major, I would be a resort tourism major because: I really like the atmosphere at a resort. I was able to experience this all throughout high school when I worked at a golf resort. I always thought that if I didn't go into the golf industry, I would do something that involved working at a resort.

When I graduate, I plan on: taking the route of becoming a teaching professional. I'm not sure where I would like to end up in the U.S., but fortunately, I am able to travel and experience different parts of the country when we do our internships for the summer, which will help me decide where I may want to end up when I graduate.



Surf Culture

A look into the division within the surf community
-Thomas Brandon

Though I'm sure it's been around since the dawn of the sport, I've recently become aware of a struggle within the surf culture. The lines are drawn, and on one side stands committed, inexperienced surfers who view surfing as an art and as a major part of their lives. The other side consists of the fair-weather posers who use surfing to enhance their status among their friends and the beach community. All too often, experienced surfers look down upon both sides of this class of novice surfers. It is true that the beginners who approach surfing with a dedicated and respectful attitude don't deserve the backlash, but due to Hollywood's tailored view of the sport, many beginning surfers will have to face this reality.



Film makers should not be faulted for trying to capture the essence of surfing, but when they embody every stereotype associated with surfing in one engineered actor, they unknowingly ask for trouble. The release of these major motion pictures sends bad vibes through the surf community because dedicated surfers see it as the exploitation of their lifestyle, and the honest truth is, for at least the next summer, they are going to have to deal with an overabun-

dance of disrespectful beginners who don't know proper surf etiquette and are indifferent to the advice of anyone with experience. With their insensitive attitudes, posers have built a mountain for beginner surfers to climb.



I began surfing in high school during my summer vacations; however, it wasn't until I enrolled at Coastal that I had the unique opportunity to change my lifestyle, or at least my environment. Many people that migrate to the beach often get involved in water sports, and surfing seems to have recently created more of a buzz. The over popularity of surfing due to major motion pictures and our current beast, reality-TV, has crowded the surf shops and beaches even more. While harsh locality isn't a staple of the Grand Strand, as it is for many other parts of the world, there is nothing that experienced surfers hate more than paddling out to their break to find a crowd of posers more focused on looking good than having fun. Many surfers see this as a personal intrusion of their comfort zone, and most don't take it lightly. This has created more problems for the beginner who values the history and healing power of surfing.

The good intentions of these novices are often overlooked by experienced surfers due to the overwhelming presence of posers, in and out of the water. Other parts of the world take locality very seriously. The Hui, a group of native surfers from Hawaii, are looked upon as the most respected surfing "organization" in the Pacific. While the presence of dominance is weak on the Grand Strand, mainly due to the



poor surf, the condescending attitude toward beginners can be as thick as the pollen.

I've noticed that beginners who respect and value what surfing has to offer often feel embarrassed and foolish every time they paddle out. Some say this is a direct result of the group of disrespectful novices who ruin the experience for the ones who are truly intrigued. Usually, when experienced surfers see new people in the water, they immediately think the person has recently watched a surf movie and has

...there is nothing that experienced surfers hate more than paddling out to their break to find a crowd of posers more focused on looking good than having fun.

gone out and spent mom's hard-earned money on surf apparel, just to look cool. I'm not saying that getting excited over something you have seen for the first time on television is wrong, but when people never look past Hollywood's limited perspective, they only get a minute fraction of what surfing is all about. This lack of insight produces a gap between the posers and the truly interested beginners.

So what's my advice for beginners? First, don't be embarrassed! It may not seem so at first, but you have just as much right as any-

one to enjoy nature. If you find yourself in a situation that is overwhelming, or if you're feeling very inexperienced, use that emotion to experience another great aspect of surfing--travel! Try to avoid crowded spots whenever possible, and instead, look for the spot that best suits your needs. Without a lot of people around, you will feel more confident about your surfing, and in return, you will learn more and ultimately have a better experience.

Beginners should try to look outside the recent Hollywood multimillion dollar productions and experience surfing through film produced by surfers for surfers.

Some films to get you started: *Thicker Than Water* by the Moonshine Conspiracy, Bruce Brown's classic *Barefoot Adventure* and a recent Mexican film titled *Siestas and Olas*. If you're like me, and can get a better picture in your head from a book, I recommend the following titles: *The Tribes of Palos Verdes* by Joy Nicholson, *Tapping the Source* by Nem Kunn, *In Search of Captain Zero* by Allan C. Weisbecker, *We Approach Our Martini's with Such High Expectations* by Jaime Brisick and *The Art of Shen Ku* by Zeek. These films and books will help you achieve real insight on surfing.

The last, and most important, advice I have for beginners is to be humble. Surfing is a very overwhelming sport, in and out of the water. It differs from most sports, in that one can be humbled by another surfer or, just as easily, by nature. Respect, sensitivity, conscious awareness of your environment and your abilities will help you to become an experienced, as well as respected, surfer.

Black and White photos by Emily Asbury
Color photos by Thomas Brandon

De-Stress Your Life!

Yoga provides an opportunity to relax while you exercise

-Ashley Batliner -Photos: Lindsey Barnhill

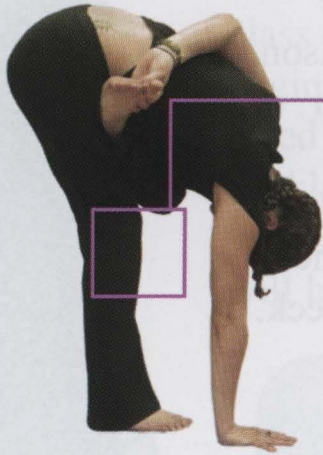
The popularity of yoga is growing quickly, for men and women of all ages in our society. But with a plethora of new exercises that promise to give better results in shorter time, why is yoga, an ancient religious practice, favored today by so many people? Many exercises require the body to repeat fast, forceful movements that can lead to tension and fatigue. On the other hand, yoga involves movements that bring stability and energy to the body. In fact, yoga is a great way to release stress and tension caused by other exercises or sports. There are many different types of yoga, which all provide a holistic well being, as well as physical and emotional relief.

Yoga is offered at many local gyms and, more importantly, free to students at the Coastal recreation center. Here on campus, yoga is taught by Rachel Kennedy, a health promotions major, who has been interested in yoga since high school. According to Rachel, "Yoga is a helpful form of exercise, especially for college students, being that it is psychosomatic, meaning it helps the mind as well as the body."

Yoga has numerous benefits for the mind, body and spirit. Some of the many physiological benefits include an improvement in immunity to illness, as well as an increase in energy level and flexibility. In addition, yoga also helps improve your sleeping habits, posture and gastrointestinal function. As a result, many people see a huge decrease in pain levels from accidents, injuries or just normal day-to-day pain. Kennedy says, "One of the major benefits is releasing stress, a common thing college students deal with daily."

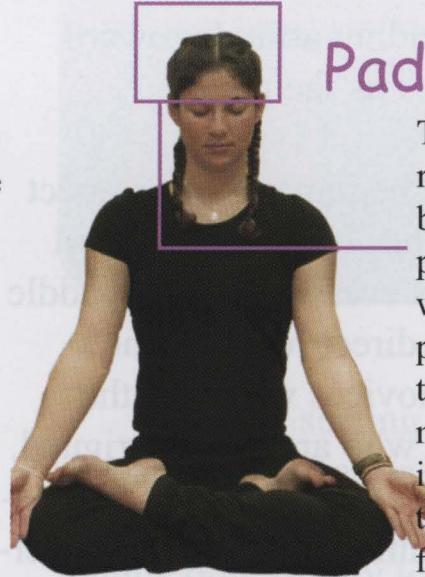
If you are interested in practicing yoga, try the classes on campus, where you will learn many poses, including the ones below. Since yoga provides a great way to exercise, relieve stress and feel better about yourself, anyone can get involved. So go ahead, give it a try!

Ardha Baddha Padmottanasona:



This pose cures stiffness in the knees. As the abdominal organs are contracted, the digestive powers increase and the peristaltic activity helps to eliminate toxins. It also expands the chest and aids in breathing freely and deeply.

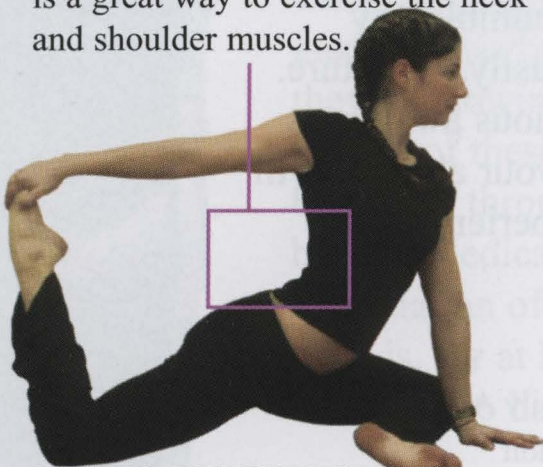
Padmasana:



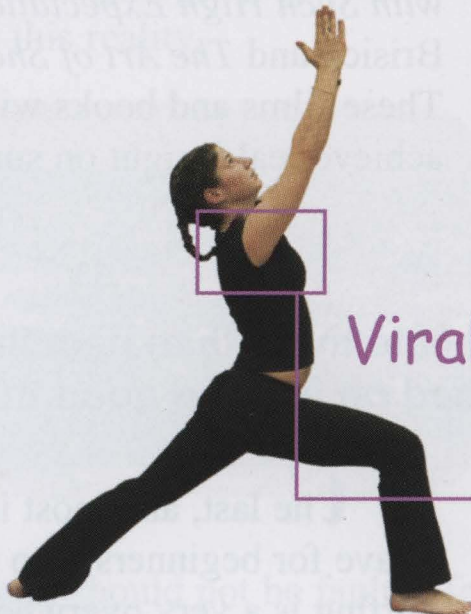
This is one of the most relaxing poses the body can be in. While in a sitting position, the body is at rest without being sloppy. The pose keeps the mind attentive and alert. Strain on the muscles is reduced, which in turn reduces the strain on the heart. This pose is used for breathing control.

Eka Pada Rajakapotasana:

This is one of the most rejuvenating poses to the lower spine, and it provides more blood circulation around the pubic region. This pose is a great way to exercise the neck and shoulder muscles.



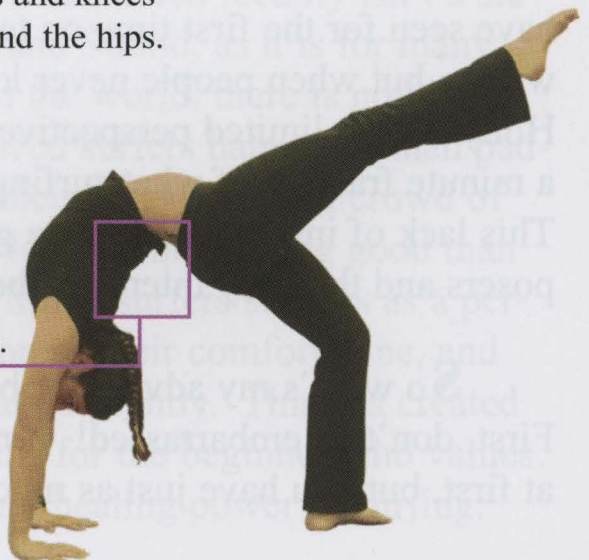
Virabhadrasana I:



This pose is great for deep breathing, since the chest is fully expanded. It helps to relieve stiffness in the shoulders, neck and back. This pose also tones the ankles and knees and reduces fat around the hips.

Urdhva Dhanurasana:

This pose tones the spine by stretching it fully, while keeping the body alert and supple. It strengthens the arms and wrists and has a soothing effect on the head, leaving you feeling energetic and light.





SGA



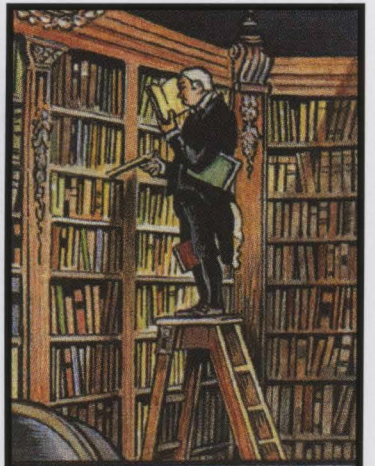
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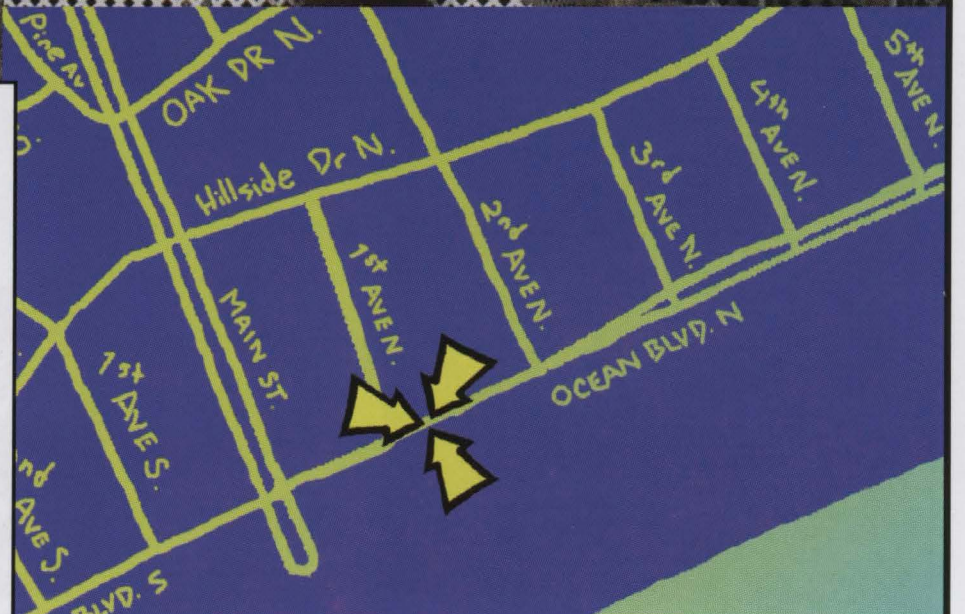
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\$40 Bring a Friend
\$175 VIP 10 sessions



Sensible Fashion

For The Casual Student

Tempo showcases J. Crew's summer line

-Tim Kazimir -Photos: Mike Jaruszewicz

When I find myself traversing CCU's picturesque campus, I notice the beautiful architecture, the manicured landscape and the fashion sense, or more clearly, the lack of any fashion sense. It seems as though Coastal has become part of some informal epidemic. I am referring to "casual Fridays," as they are known throughout the business world, which appear to have taken over the other four days of the school week. Casual wear is fine, but recently, casual dress has become synonymous with sleepwear and beachwear. The chinos and woven shirts of J. Crew have been replaced by the bargain bins at the Salvation Army. While wearing an Armani suit every day might be too much, can we not find a happy medium that combines casual and contemporary styles to create a classy look? Maybe the next few pages can give you an idea of some possible ensembles for the upcoming summer season. *Tempo* extends special thanks to J. Crew, located in the Tanger Outlet Stores in Myrtle Beach, for providing the clothing for this article, and our models, Nina Tuttle, Farabe Cottingham and Josh Doyle.



Nina and Farabe

Denim Skirt-

\$39.99

Woven Red/Blue
and White Striped
Shirt-

\$44.99

Pink/Blue

Flip-Flops-

\$16.99

Josh

Denim jeans-

\$44.99

Yellow Woven

Shirt-

\$39.99

Farabe

Blue 3/4 sleeve
Woven Shirt-

\$39.99

Blue Paisley

Pants-

\$49.99

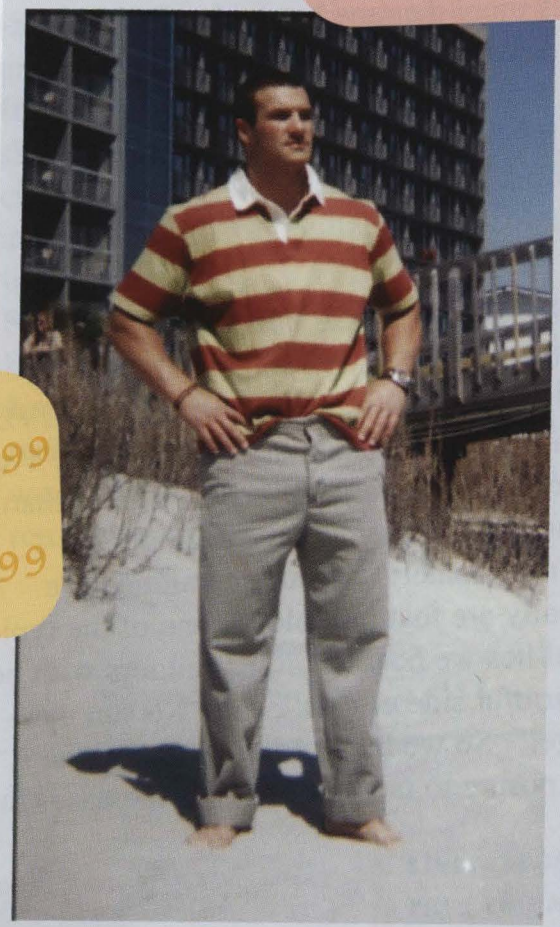




Nina
 Green Cords \$29.99
 Capri- \$44.99
 Multi-striped Woven Shirt-
 White Built-in-Bra Tank Top- \$14.97

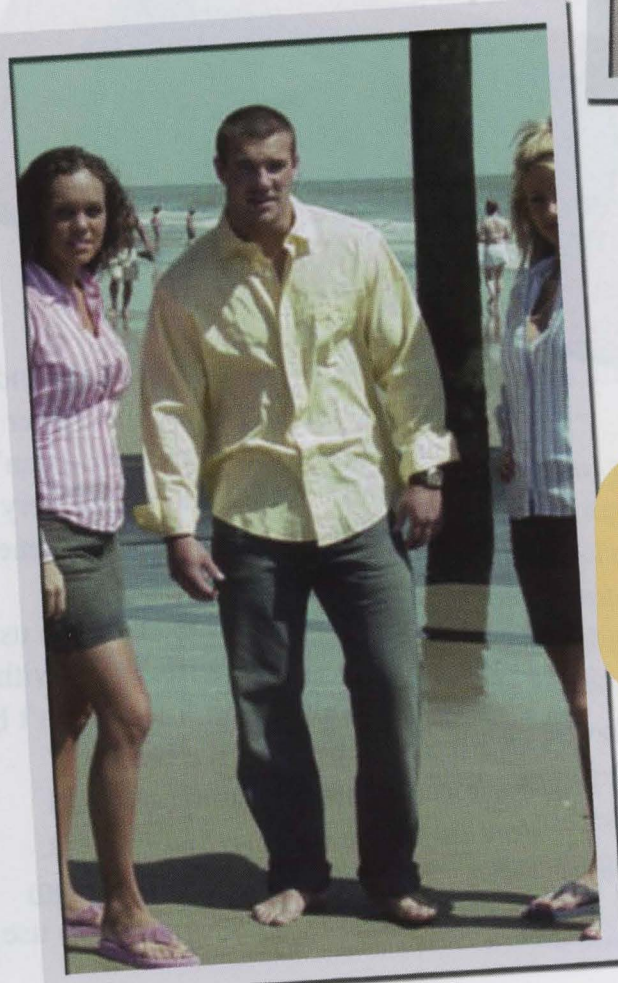


Farabe
 Red Chinos- \$44.99
 White Built-in-Bra Tank Top- \$14.97
 White Crinkled Collar Shirt- \$29.99

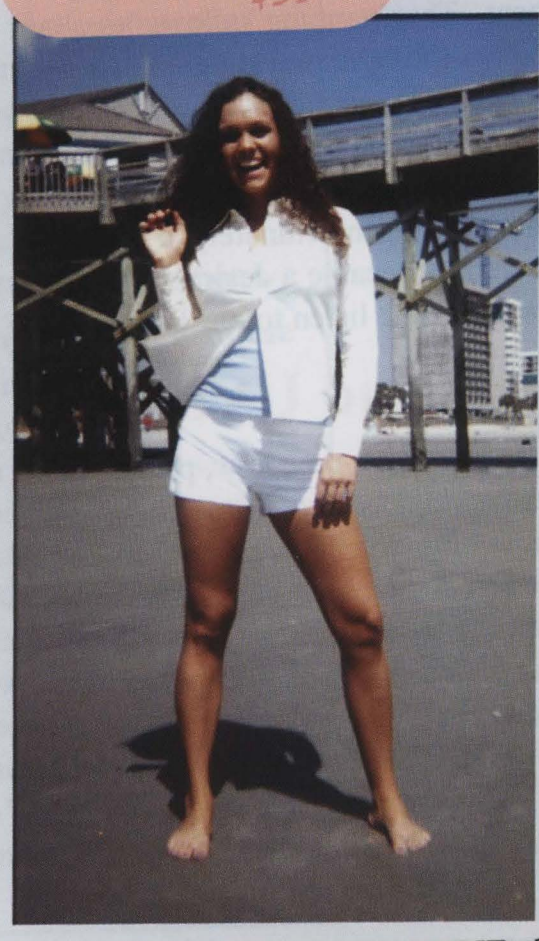


Josh
 Traditional Khaki- \$44.99
 Striped Polo Shirt- \$34.99

Nina
 White Cord Shorts- \$34.99
 Blue Favorite Tank Top- \$11.99
 Pale Yellow Linen Woven Shirt- \$39.99



Josh
 Denim Jeans- \$44.99
 Yellow Woven Shirt- \$39.99





Dangerous Rays

Tips on protecting your skin while achieving an impressive tan
-Janet Shokal

Who doesn't love a great looking tan? Most of us feel better and more attractive when our skin is a glowing bronze color. My plan to get us all to quit tanning may be futile, but we should at least know what we are getting ourselves into. There are some facts about sun exposure that may surprise you. Living at the beach, we are all exposed to a great deal of sunlight, so it's important to sift through the facts and recognize the dangers involved with tanning.

The browning of your skin is a natural process that is designed to protect you from the harmful rays the sun produces. To protect your skin from the burning caused by ultraviolet rays, your body produces extra skin pigment. This "tanning" allows less light to pass through your outer skin layer to the more sensitive skin cells below. In the simplest terms, your body is saying, "Hey! Guess what, its time to go inside." Unfortunately, a tanned epidermis became a desirable look, so we no longer listen to our bodies.

UVA and UVB...

For quite some time now, professional dermatologists have been concerned about ultraviolet (UV) radiation from the sun and tanning beds. There are many types of radiation, but the two that we need to look out for are ultraviolet B (UVB) and ultraviolet A (UVA). UVB is proven to be associated with sunburn and is the shorter of the two wavelength bands. According to Stanford University's health library,

UVA penetrates deeper and actually causes more damage by weakening the connective tissue of your skin.

Fake Bake vs. Natural Sun...

Guess what folks, "fake bake" tanning beds use UVA rays and claim that they are safe because they don't contain UVB rays that cause sunburn. If you have ever believed that tanning beds are safer than the real thing, you have been duped. Unfortunately, you are not alone. We really are that gullible. Some of the typical lies we hear are, "Tan indoors with no harmful side effects!" and "No sun damage!" So we buy into it. The truth is, exposure to tanning bed rays increases the

likelihood that damage will occur from the sun because those rays actually thin your skin, making it less able to heal. In addition to a suspected link to the breakdown of the immune system, scientists believe these dangerous UVA rays have links to cancer. If detected early enough, basal cell and squamous cell cancers are treatable. However, another type of cancer, called melanoma, can be fatal.

Alternatives for Tanning...

There are several options we can use to obtain an ideal look and still listen to that little voice that urges us to protect our skin. First, we can become comfortable with our bodies the way they are. It's an unending challenge that we all face, and ultimately, our health and well-being depends on it. Next, we can limit our sun exposure. A healthy glow is all we really need to be happy. People mistakenly associate a suntan with good health, but just a small amount of sunlight is needed for the body to manufacture the necessary vitamin D.



Sunless tanners are safe and more believable than they have ever been, and they work even if you can't get a real tan. Self-tanners take very little time to apply, and they are generally less expensive than a tanning membership. In addition, you can use sunless tanners on specific areas without worrying about tan lines. Don't be afraid to try inexpensive brands because all sunless tanners should contain the same active ingredient, DHA. Log on to www.sunless.com and look at some other reasons to use

self-tanners, as well as a list of the best brands to use. Locally, "Fast Tan" in North Myrtle Beach offers turbine spray tanning that only takes ten minutes to apply and can last for almost two weeks! Spray-tanning services are better than ever, and products are available at salons for touching up at home. With all the dangers we encounter from the sun, there is no reason why we can't give these alternatives a try.

The Danger is Real...

The number of reported skin cancer cases has risen significantly, due to exposure to UV radiation. In the U.S. alone, over a million new cases are likely to be diagnosed this year. An estimated 53,000 new cases of melanoma and 10,000 deaths from preventable cancers are anticipated in 2004. Sadly, 80% of all sun damage takes place during adolescence and young adulthood. Contact www.coolibar.com for these and other frightening statistics. Educating young people about the risks is the best way to help them live long, healthy, cancer-free lives. If you see an unusual looking mole, sores or rough patches on your skin, you may have developed pre-cancer or even a type of skin cancer. If you think that skin damage

may have already occurred, visit your dermatologist right away for treatment.

Let's prove to the world that we are educated on this topic, and ease up on the sun! While it may be too difficult to stop altogether, try to limit your exposure to the harsh rays of the sun.

Here's a few tips to help get you started:

45 minutes a day is the limit. After that, the skin does not produce any more of the melanin that makes you tan, so give it up.

When it comes to sun protection, The Federal Trade Commission advises us to use sunscreens with a sun protection factor (SPF) of 15 or higher. Sunscreen smells great too, so put that stuff on!

It's also important to remember that your skin may be more sensitive to artificial light or sunlight if you use certain medications, antihistamines, tranquilizers and birth control pills.

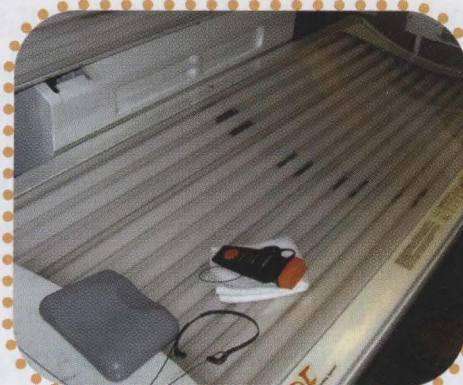
Some cosmetics and soaps may accelerate burns as well, so be aware of these risks.

Use goggles to protect your eyes, and make sure they fit snugly. At the beach, wear sunglasses with UV protection, and remember the sunscreen!

Have a fantastic summer, and don't forget to protect yourself from UV damage. Your skin will thank you in about 10 years.

To obtain a fact sheet about the hazards of indoor tanning from the FDA, visit their Web site at <http://www.fda.gov>.

Tempo magazine does not endorse the products or businesses mentioned in this article.



5 tanning facts

1 According to the American Academy of Dermatology (AAD), the easiest way to get healthy skin is to lead a healthy life. Things like poor diet, smoking and alcohol consumption all contribute to a poor complexion.

2 If you choose to tan, you are significantly increasing your risk of developing skin cancer. This is especially dangerous if tanning occurs over a period of years. How long have you been tanning? It's scary to think about.

3 Tanning is not physically addictive. So, unless they are putting something in the booths and beds that I don't know about, you stand a good chance of kicking the habit.

4 Overexposure to these dangerous rays can also cause injury to your eyes, including retina damage, cornea burns, and cataracts. Cataracts can cause blindness, and closing your eyes while tanning does not protect them. If you chose to tan, please wear eye protection.

5 The safest way to get a tan is to use a Sunless Tanner. According to www.zosmapublications.com, "Dihydroxyacetone, or DHA is the active ingredient in these products and saturates the skin cells in the outer layer of skin, turning the protein in the dead cells brown." DHA has been FDA approved for over 30 years and is basically a colorless sugar that stains the skin. Sunless tanning products have been refined over time, so you don't have to fear turning orange anymore.

Makeover Madness

Two students receive a new summer look

-Ashley Batliner -Photos: Paul Robinson

makeup is a part of many students' daily routine, and whether we view it as a project that we enjoy or as a process we despise, we usually do it anyway. However, makeup can also be a fun way for us to express ourselves. With a few tips from Rochelle Mason, a professional makeup artist and skin care specialist with over 20 years of experience, anyone can be beautiful.

Skin care is the most important factor for achieving great makeup results. The better your skin looks without makeup, the better it is going to look with makeup. To optimize the health of your skin, it is crucial to incorporate three steps--cleansing, toning and moisturizing--into your daily skin care regimen. When cleansing your skin, you should rub your hands together until you have a good lather, then rub in circular motions over your entire face and neck. Next, rinse your face with lukewarm water (avoid hot water!), and pat your face dry with your softest towel. A mild toner removes all the deeply embedded dirt and grime the cleanser couldn't reach. After you have toned your face, it is time for moisturizer, which should always be applied in a circular motion with

a more dramatic look so that you will definitely stand out in the crowd!

Many products in the skin care industry right now are mineral-based, which means they are less likely to clog pores. There are no chemicals or preservatives in these products, which is especially nice for those of us with sensitive skin. With the fresh scent, freeze dried vitamins and SPF, it is no wonder that people are turning to these mineral-based makeup lines. Rochelle has her own line that she endorses, called Asherah.

Janet Shokal, a licensed cosmetologist from New Hampshire, attended Concord Academy of Hair Design. She has been a hairdresser for three years and acknowledges the importance of healthy hair. Janet's clients know that when their hair looks good, they feel good. A simple, but nourishing, hair routine can protect hair from all the damage it can receive from this harsh world. Chemicals, environmental factors, sun rays, brushing and over washing all contribute to "unhappy" hair. Janet recommends drinking plenty of water to maintain healthy hair, skin and nails.

Ask your hairdresser about the best combs, brushes and products to use. Salon products may be more expensive, but using them produces a noticeable difference. Most of all, Janet says to have fun with your hair. "Life is short! Try new things and don't stress about how you look. What matters is how you feel," says Janet.

Together, Janet and Rochelle eagerly accepted the challenge of transforming two students, giving them a new look for summer.

Since I don't even own a brush, I'm sure they will be able to transform me into quite a different person.

-Jen Seay

your fingertips over your entire face and neck.

If you are acne-prone, pat lightly and be careful not to rub your face. Also, if you moderate the amount of hot drinks, spicy food, stress, alcohol and sun exposure you endure, your skin will feel and look better. Guys typically do not consider the many benefits of "grooming," but they should also cleanse, tone and moisturize their skin.

After your face is clean, you are ready to apply your makeup. During the day, try to use soft, natural colors, such as pinks, corals and light browns. At night, spice things up a little with sparkles or pearled eye shadows. Also at night, use highlighting blushes on cheekbones, experiment with darker colors and wear lip gloss. Following these tips will give you

● ● Tips for easy ● ● makeup application

-Always start with a clean surface

-Use all-natural products

-Keep it simple; less is more

-Make sure makeup is always blended

Briefly describe your daily hair/skin care regimen:

I shower. And blow dry my hair. That's about it. Oh - and lotion.

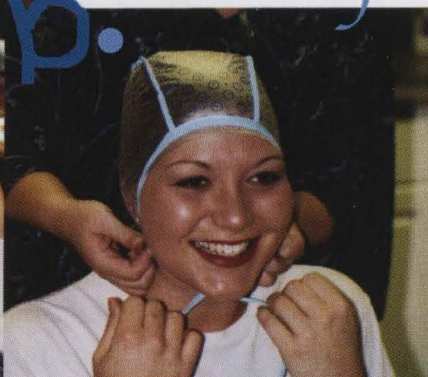
Jen Seay, a 20-year-old junior, was ready for something new. Her no-hassle routine was easy, but she wanted to change her appearance. Rochelle started with a loose powder foundation, and then she applied a color corrector (similar to a concealer) on Jen's attention areas. Next, Rochelle applied the eye makeup, starting with earth-toned eyeshadows to highlight the top of her eyelids and a darker brown color toward the bottom of the lid. Then she applied eyeliner to her eyebrows to even out the color and on her eyelids to draw attention to her eyes. Next came highlighter (blush) on her cheekbones. Rochelle brightened up Jen's lips with lipliner, followed with lipstick. "This is the first time in my life I have ever worn lipstick!" Jen says.

Jen's hair was first highlighted through a cap with a professional lightener. This cut down on the amount of chunky streaks, since Janet was able to control how much hair she pulled through the cap. The color was blue-based (and blueberry-scented) because when hair is lightened, it turns orange before it turns blonde. The blue counteracts the problem, turning it a golden blonde. According to Janet, "It is important to start with the underneath section of the hair, since this is the part that is less damaged by the sun, and it will process more slowly." Jen's haircut was "a diagonal, forward, graduated back," meaning layered or "stacked" in the back and cut just below the cheekbone in the front. The longer length in front gives her a feminine look, while the back is more fun and spunky. "I feel completely, absolutely different. I'm even walking a different way!" says Jen.



A.
Before

p.
Cool Cap



c.
Blow dry



d.
After

A few important rules to follow:

Wash your powder puff out every night (or at least twice a week) with a mild anti-bacterial soap, rinse it well and then lay it flat to dry. Do this with your brushes as well.

Replace your mascara every three months. Mascara containers provide a dark, moist place for bacteria to grow and then transfer to your eye. Eye infections can be very serious and painful.

If makeup starts to have a funny odor, it is time to replace it.

Never share makeup, especially eye makeup with anyone, since this is an easy way to transfer infections to one another. **Also remember to never** choose a concealer or foundation that is too light for your skin. Yellow tones work for almost everyone.

Use a facial mask once a week and an exfoliating cleanser twice a week to remove dead skin cells.

Tips for healthy hair

- Use products that are acid-balanced
- Alternate your conditioner weekly to prevent build-up
- For oily hair, use a clarifying shampoo
- For tangles, apply conditioner and work from the bottom up

Briefly describe your daily hair/skin care regimen:

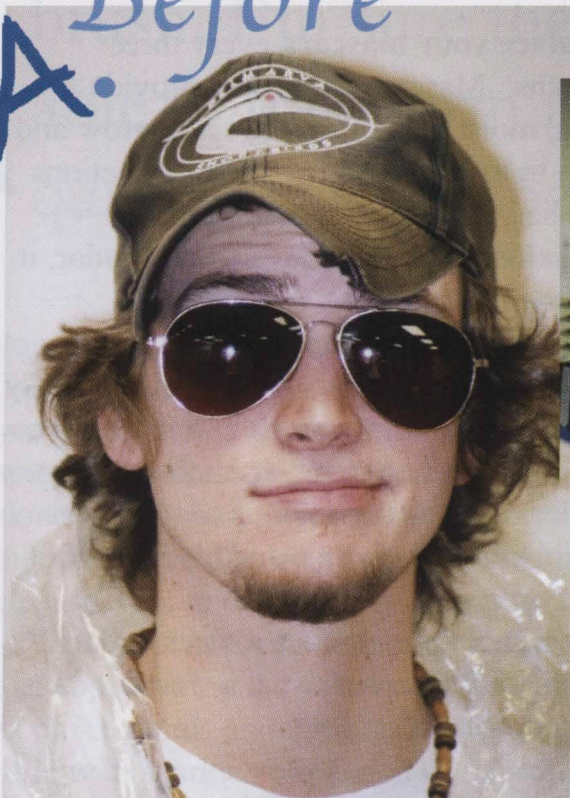
uh, wash with shampoo & conditioner. Use soap for skin.

Randy Engstrom, a 21 year old junior, applied for the makeover to receive a new haircut, but he definitely received more than that. His grooming included the application of a powder foundation to even his skin tone and get rid of any shine. His hair was cut to give it a more defined shape. Janet left the top long, so that Randy could try different styles but brought the back and sides in closer for a clean look. Janet applied a leave-in conditioner called Tea Tree hair and body moisturizer, by Paul Mitchell. Then she applied pomade called Re-wind, by Redken. When applying pomade, Janet says it is important to "clap it on," so that it does not go on too thick in certain areas. It also gives the hair a lighter look.

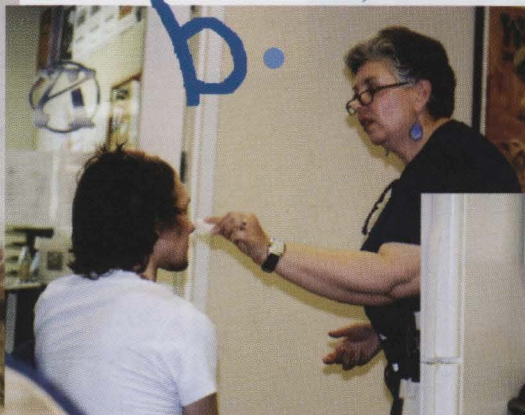
I have never received so many compliments on my appearance.

-Randy Engstrom

A. Before



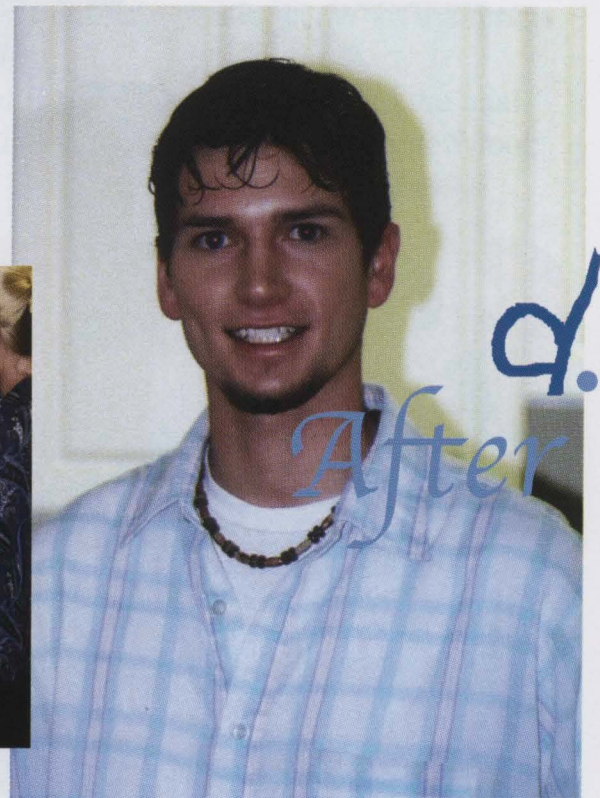
b. Dab, Dab



c. Snip, Snip



d. After



Kuwait.... Is it a sports drink? A cleaning product? A computer program? Well, no! It's actually a tiny country in the Middle East, where I was born and raised. A lot of the people I meet at CCU think Kuwait is a small, sandy Middle Eastern country where people ride camels to work and school. Kuwait is actually an extremely developed country that possesses the fifth largest natural oil resource base (some 96.5 billion barrels of oil reserves, about nine percent of global oil reserves). This is why, quite naturally, Kuwait has an oil-centered economy. As you may have guessed, the price of gas is extremely low in Kuwait; a gallon costs about \$0.51. Kuwait also has the highest foreign exchange rate in the world; one Kuwaiti Dinar equals \$3.38.

Kuwait is bordered by Iraq in the North and Saudi Arabia in the South. Summer temperatures usually reach a peak of 120°F; that's hot enough to fry an egg on the hood of your car. Winter temperatures can get as low as 34°F, and cloudbursts (sudden copious rainfalls) are common.

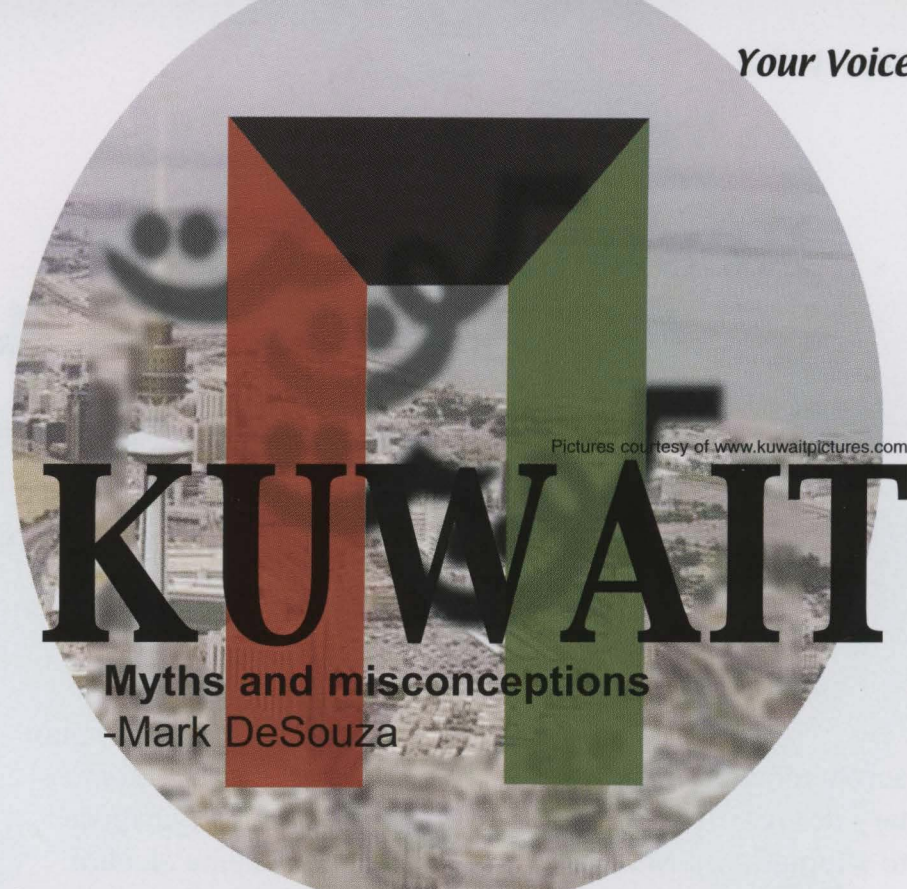
Occasional hail is strong enough to scratch, or even crack, the windshield of your car. Sandstorms and dust storms are common between March and August. Kuwait's most pressing environmental challenge is its limited water resources. Because of this problem, Kuwait has developed some of the world's largest and most sophisticated desalination facilities, which now provide much of the country's water.

After the Gulf War in 1990, Kuwait spent over \$5 billion rebuilding the entire city area. The road systems are very well organized, and the main highways are divided into six ring roads shaped like an onion. In order to get from one place to another, you have to shift between these circular rings, which are further interconnected with other smaller roads. The ring roads have a speed limit of 87 mph, whereas the smaller roads have a speed limit of 75 mph. The national highways have a speed limit of 99 mph.

Kuwait is an Islamic country, with an eighty-five percent Muslim population. The other religion accepted there is Christianity. Unlike its neighbor, Saudi Arabia, there is freedom of dress code in Kuwait. Like most of the countries located in the Middle East, alcohol, drugs and firearms are illegal. Of course, it's possible to purchase alcohol from underground sources at considerably higher prices. For example, a bottle of Stolichnaya vodka costs around \$90, whereas a bottle of Chardonnay costs about \$50. Even though Kuwait claims to be a country of equal rights, non-nationals have been jailed for many years for committing petty theft, whereas a Kuwaiti national can get away with rape and even murder.

Unlike the United States, Kuwait has a monarchical king and an elected government. The monarch appoints the Prime Minister and the Deputy Prime Minister. Kuwait and Qatar were the only two Muslim countries that supported the American war against Iraq. The Kuwaiti army managed to shoot down a dozen of the seventeen missiles Iraq shot into the country since U.S. coalition troops invaded on March 20. The rest fell in deserted areas of Kuwait, except for one that hit a mall in Kuwait, injuring two civil workers. My class graduated high school during this time.

My original plan for college was to study at a university in the northern United States. My sister graduated



from Coastal, and that is why my parents decided to send me to CCU. When I got here, I noticed that there were many differences (both good and bad) between the two countries. For one thing, the people here are definitely more friendly. Also, retailers here keep the customer's satisfaction in mind. For example, there is a return policy on food at Wal-Mart and technological items at Circuit City. Also, if you cannot finish something at a restaurant, it is possible to take it home in a "doggy bag"! That was something I had never heard of before.

One thing that is different about America is you have to pay a tax on whatever you buy. We don't have taxes back home. Also, it's necessary to have a car if you want to get around, and the roads are extremely slow. But overall, I am glad to be at CCU. The university is small, but the faculty, staff and friends make it a place worth staying for the next three years.

Recently, massive changes have been taking place in Kuwait, especially in regards to the judicial system. Before 2002, only men over the age of 21 were allowed to vote. In 2003, a new law stated the legal voting age would be lowered to 18, and women would have the right to vote as well.

Even though I was born and raised in Kuwait, I cannot, by law, get citizenship because I am a Christian. I don't think this law will ever be changed, but anything is possible. Kuwaiti citizens get the advantages of free food, free health insurance and various other incentives. Because there has been a decrease in Kuwait's population, the government gives the citizens money for every child that is born.

After I graduate, I plan on going back to Kuwait or somewhere in Europe—wherever I can get a good paycheck. Even though I am of mixed Portuguese and Indian ethnicity and am Kuwaiti born and bred, I am still not really tied to a particular country. I've never lived in Portugal, so forming ties there would be as good as starting a new life all over again. It would be the same situation in India, where Christianity is a minority religion that is discriminated against. Moreover, even though I've known Arabs all my life, I know that, in the end, there is a line that separates me from them. Looking at things optimistically, this gives me the opportunity to explore many cultures and religions, which makes me extremely proud.

Resisting The Irresistible

Temptations we all face

-LeKeisha Edwards -Photo: Megan Newett

Temptation is fueled by the constant pressure to gain acceptance, follow the course of others or give in to momentary desires. As college students, we are frequently exposed to temptations. Some may be tempted to consume alcohol excessively or try illegal drugs, while others may be tempted to engage in sexual activity or be unfaithful to a partner. Alcohol, drugs and sex are some of the more commonly discussed types of temptation that college students are taught to avoid, but along with these are others that may be difficult to resist.

For example, practically all of us have received a "You're Pre-Approved!" notice from a credit card company. No matter what our financial status or credit history at that moment, our initial thought is usually, "I wonder what the limit is?" Now, credit cards are offered in department stores, grocery stores and gasoline stations. In the midst of this, it is hard to think logically about the consequences we may have to face in the future. Even if we don't have the financial ability to pay for charges made to the credit card, we are usually blind to this fact until the bills pile up.

With the Atkins craze in our society today, it seems like everyone is dieting and cutting carbs. If you've ever been on a diet, there is a pretty good chance you have been tempted to eat something that you weren't supposed to have. We all think we have amazing willpower until we go into a store filled with chocolate or run into a vendor selling ice cream at the mall. Before you know it, the "I couldn't help myself" card is played. As we eat the chocolate or ice cream, we enjoy our moment of weakness, but as soon as it's over, we regret it. We've disrupted our dietary routines and deflated our self-esteem. All for these temptations.

Are we awful, vulnerable, powerless people who can't just walk away from temptation? The answer is, absolutely not. Truthfully, temptation will never completely go away; it is a city that never sleeps. It lies within every phase of our lives, waiting to target our weaknesses. It is a part of life that we will never be able to dissolve completely. We will never develop the strength to resist all temptations because we aren't just physically faced with temptation; it lives in our subconscious thoughts as well. All we can do is try to beat it most of the time.

Here are some ways to reduce the opportunities for temptation and eliminate the ones we face:

1. Avoid the places that create temptation.
2. Think about the outcome of your actions before you engage in the activity.
3. When in the midst of temptation, think rationally.
4. Replace negative temptations with activities that give you positive fulfillment.
5. Have courage to decline what may, in time, bring you distress.





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